

**Isha Foundation**  
invites you to join us in celebrating a  
**World Interfaith Harmony Brunch and Isha Kriya  
Meditation**

Isha Foundation is hosting a World Interfaith Harmony Brunch to celebrate a homecoming of all faiths and people from all walks of life.



**Date and Location:**

**Saturday, Feb 2, 2013 from 11am to 1pm.**

**Westover Library**

**1644 North McKinley Rd Suite 3**

**Arlington, Virginia 22205**

**Contact: 215-805-5894**

The Isha Foundation is an international non-profit organization guided by the visionary yogi and mystic Sadhguru. Recognizing that of all the human pursuits, striving to transform oneself into a higher possibility is considered the most sacred. It is this pursuit that fulfills the purpose of the human form and it is this pursuit that brings wellbeing to all life. The basic purpose of Isha Foundation is to inspire, to stoke, and to nurture this innate search in every being, helping them realize the ultimate potential within applicable to people of any faith or no particular background it has transformed the lives of millions around the world.

***...an ancient technology, now yours***

*Isha means that which is the source of creation.*

*Kriya means an inward action towards that.*

Isha Kriya designed by Sadhguru, is a simple yet powerful tool to move from untruth to untruth.