

Interfaith initiative “Basic Life Support (BLS) Awareness Program”

As part of Interfaith Harmony Week, an impactful awareness program on Basic Life Support (BLS) was conducted by SUNFO Ambassador Ms. Pushpa Zoysa on February 25th, 2025, targeting 250 university students. The program aimed to equip young individuals from diverse religious and cultural backgrounds with essential life-saving skills, fostering a sense of shared responsibility and unity. By focusing on a universal cause—saving lives—the event highlighted the importance of collaboration and preparedness in emergencies, transcending religious and cultural differences.

Key Highlights of the Program:

Importance of Basic Life Support (BLS):

The program emphasized the critical role of BLS in saving lives during emergencies such as cardiac arrest, respiratory failure, or other life-threatening conditions. Participants learned that timely intervention can sustain life and significantly increase the chances of survival.

Hands-On Training:

The session included practical demonstrations and hands-on training in BLS techniques, such as cardiopulmonary resuscitation (CPR), the use of automated external defibrillators (AEDs), and basic first aid. Students were given the opportunity to practice these skills under the guidance of trained professionals.

Community Safety and Preparedness:

The program highlighted how BLS training can improve community safety by equipping individuals with the knowledge and skills to act confidently in emergencies. Participants were encouraged to share their learning with their families and communities, creating a ripple effect of preparedness.

Interfaith Collaboration and Unity:

The event brought together university students from various religious and cultural backgrounds, demonstrating that life-saving skills are a universal need that transcends differences. This shared learning experience fostered a sense of unity and collective responsibility.

Empowering Youth as Change Agents:

By targeting university students, the program empowered young individuals to become agents of change in their communities. The students were encouraged to take leadership roles in promoting BLS awareness and training among their peers.

This initiative serves as a powerful example of how interfaith harmony can be achieved by focusing on universal values such as compassion, preparedness, and collective responsibility. Let us continue to work together, across all faiths and cultures, to build safer, more resilient communities where everyone is empowered to make a difference.

