**Sustainability Conference** on February 22, 2025. Sponsored by the Hawaii Kai Ward of The Church of Jesus Christ of Latter-Day Saints at 219 Lunalilo Home Road, Honolulu, Hawaii.

The theme of "sustainability" reflects our belief that through revelations from God, we are admonished to physically and spiritually prepare for events that will happen in the last days, including floods, famine, fire, earthquakes, drought, shipping strikes, political unrest, etc. for "if we are prepared, we shall not fear." Our physical preparation includes updating our home emergency supplies, securing an evacuation plan for individual families, collaborating with our neighbors on a support system, rotating a 1 - 2-year food supply for each family, and planting and caring for home gardens.

We embrace the interfaith theme of working together to create something better by learning from each other. Our workshops included: Emergency Preparedness; Setting Up a Home Garden to Sustain Your Family; Hawaiian Plants for Food and Medicine; Natural Fertilizer for your Garden (Mulch); Keiki Gardening Activity (planting vegetables); Organize a 'Neighborhood Emergency Plan'; Foraging (how to live off the land); Container Gardening for Apartments and Condos; Hawaiian games for youth (with connections to the land, sea, and nature)\*; Starting a home garden; Worming; Hydroponics; Aquaponics; Fishing – learning to catch and eat fish following Hawaiian values to show respect for the ocean and the community.

Additional events included: samples from recipes submitted to our church cookbook; a literature display of articles on local and recent floods and fires; and a library display of books on how to grow local plants. Approximately 120 people attended the event.

\*We sincerely appreciate the Kamehameha Schools Publishing Department for their kind donation of the sustainability games for this event.

Article submitted by Beth Uale – Honolulu, Hawaii Interfaith Ohana. Contact info: bpuale@gmail.com



## SUSTAINABILITY CONFERENCE



## Saturday, February 22, 2025 4:00 to 7:00 p.m.

**OPEN TO THE PUBLIC** 

Sponsored by The Church of Jesus Christ of Latter-Day Saints, Hawaii Kai Ward

219 Lunalilo Home Road Honolulu, HI

Workshops: Set Up a Home Garden to Sustain Your Family; Hawaiian Plants for Food and Medicine; Natural Fertilizer for your Garden (Mulch); Keiki Gardening Activity; Organize a Neighborhood Emergency Plan; Youth Groups and Local Farms; Foraging (how to live off the land); Container Gardening for Apartments and Condos; and much more!

ORDER FORMS AND DIGITAL LINKS TO THE HAWAII KAI WARD COOKBOOK WILL BE AVAILABLE AT THE EVENT



