

WIHW World Interfaith Harmony Week 1 – 7 February 2024

WIHW is the first week of February. <https://worldinterfaithharmonyweek.com/>

Participate at Home in Session of Meditation or Prayer and Study run by a 94 year old Retired Roman Catholic Priest (who may be the oldest person to lead a session in WIHW World Interfaith Harmony Week)

Monday 5th February from 2pm – 3pm. The session will include meditation or prayer and study. All welcome to participate at home knowing others will be participating in their homes at the same time. This is not an online meeting.

Programme Timetable

2.00pm – 2.20pm Silent Meditation or Prayer

2.20pm – 2.40pm Study Session

The Priest will study Psalms 4, 26 and 16 (Psalm numbering according to *The Catholic Bible*)

<http://www.catholic-bible.org/psalms/>

Psalm 4 Hear me when I call.... <http://www.catholic-bible.org/psalms/psalm-4.htm>

Psalm 26 Judge me, O lord.... <http://www.catholic-bible.org/psalms/psalm-26.htm>

Psalm 16 Preserve me, O God.... <http://www.catholic-bible.org/psalms/psalm-16.htm>

Please feel welcome to study any religious text

2.40pm – 2.55pm Silent Meditation or Prayer

2.55pm – 3.00pm Prayer and Blessing

The Priest will recite The Lord's Prayer which starts Our Father...

<https://www.vaticannews.va/en/prayers/our-father.html>

Please feel welcome to recite any Prayer or Chant

The Priest will recite as a Blessing a Benediction Prayer (*The Bible* Numbers 6:24-26)

May the Lord Bless You

And Keep You.

The Lord Make His Face Shine Upon You

And Be Gracious to You.

The Lord Turn His Face Towards You

And Give You Peace.

The Lord give His Holy Benediction

Amen.

<https://www.learnreligions.com/benediction-may-the-lord-bless-you-700494>

Please feel welcome to recite any Blessing