

Main information Page on Charter for Compassion website: <u>https://charterforcompassion.org/news-events/special-events/world-interfaith-harmony-week/world-interfaith-harmony-week-2024.html</u>

View all recordings on our YouTube Channel here: https://www.youtube.com/playlist?list=PLFQpo8As6ohakm8V8Qf-zMcu4JS8hQWgt

World Interfaith Harmony Week Round the Heart(h) Fire offered by the Charter for Compassion's RISE Sector Team. Based on David Gershon's project Peace on Earth 2030, we offered interfaith tools for each of the 7 themes on the path to Peace, one for each day during the first 7 days of February 2024.

A very special effort was put into this event, especially by Steve Kramer, who led each one of these sessions, inspiring us with passion and care. A special thank you also to Jamal Rahman, Anum Mulla, Merida McCarthy, Diane Ketterman and Jan Chase as special speakers for this series.

# Round the Heart(h) Fire - Day 1 – Empowerment



We begin our series "Round the Heart(h) Fire" with the theme of EMPOWERMENT! Join us together with Imam Jamal Rahman to discover the wonderful tool he shares about embracing empowerment within the heart then promoting it throughout the world.

View recording here: https://youtu.be/Q2JHOQm8vyM?si=69QdtyuiBh2C2MnM



## Round the Heart(h) Fire - Day 2 – Oneness



This session is dedicated to finding Oneness through a grounding meditation offered by Steve Kramer. We cannot fully embrace oneness until we have a sacred connection with Mother Earth.

View recording here: <a href="https://youtu.be/c\_MwMSB0Fdk?si=VE8OKZCnCkApG2sY">https://youtu.be/c\_MwMSB0Fdk?si=VE8OKZCnCkApG2sY</a>





# Round the Heart(h) Fire - Day 3 – Unity



We discover how Unity arises from empowerment and oneness in this session of Around the Heart(h)Fire. Merida McCarthy leads us through an expansive exercise which invites us into a place of Unity with others.

View the recording here: <a href="https://youtu.be/J0AGeO0e5wo?si=dVFHLBqvIYLR3c-D">https://youtu.be/J0AGeO0e5wo?si=dVFHLBqvIYLR3c-D</a>





# Round the Heart(h) Fire - Day 4 – Cooperation



Cooperation through empathy is an essential part of peace-building. Anum Mulla provides a beautiful presentation on how developing empathy leads to cooperation.

View the recording here: <a href="https://youtu.be/O0lyYVplf98?si=aZZkRwyEBX1w513m">https://youtu.be/O0lyYVplf98?si=aZZkRwyEBX1w513m</a>



## Round the Heart(h) Fire - Day 5 – Abundance



Rev Jan Chase and Diane Ketterman share how character and peace-building contribute to abundance beyond material and financial needs. The more we build peace within, the more abundance we recognize in our lives. Both lead to building community through understanding each other.

View the recording here: <u>https://youtu.be/eUyxuHGUAf8?si= 9Fxx3cezNzFC5he</u>





# Round the Heart(h) Fire - Day 6 – LOVE



Steve Kramer introduces us to the Loving-Kindness Meditation as a tool to achieve peace in the world. This exercise takes us on a journey from embracing loving-kindness for oneself to embodying loving-kindness for the other.

View the recording here: https://youtu.be/eIMFYEL-SBU?si=sJ9QumYysVo5O0s\_



# Round the Heart(h) Fire - Day 7 – Faith



Join our facilitators Merida McCarthy and Jamal Rahman in an enriching conversation about spreading compassion, peace, and loving-kindness throughout the world through faith and hope.

View the recording here: https://youtu.be/lwDn86y2Jw0?si=kBOeqWxJ8C4Wkg9I

