

Universal Healing: Awakening the Heart of Humanity: Day 5 - February 5

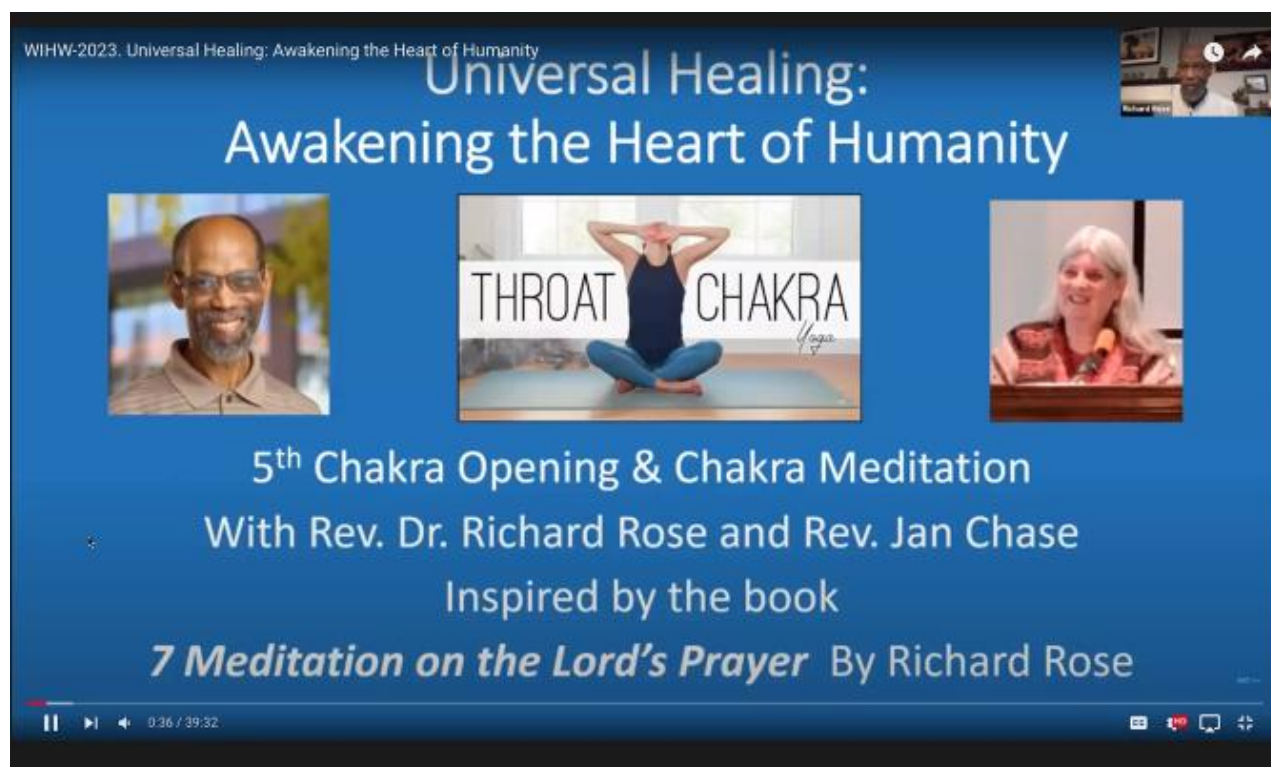
This year to celebrate World Interfaith Harmony Week (2023) Charter for Compassion and the RISE Team - Religion, Interfaith and Spirituality for Everyone- have created a special experience for you: a daily offering of healing from different traditions of the world.

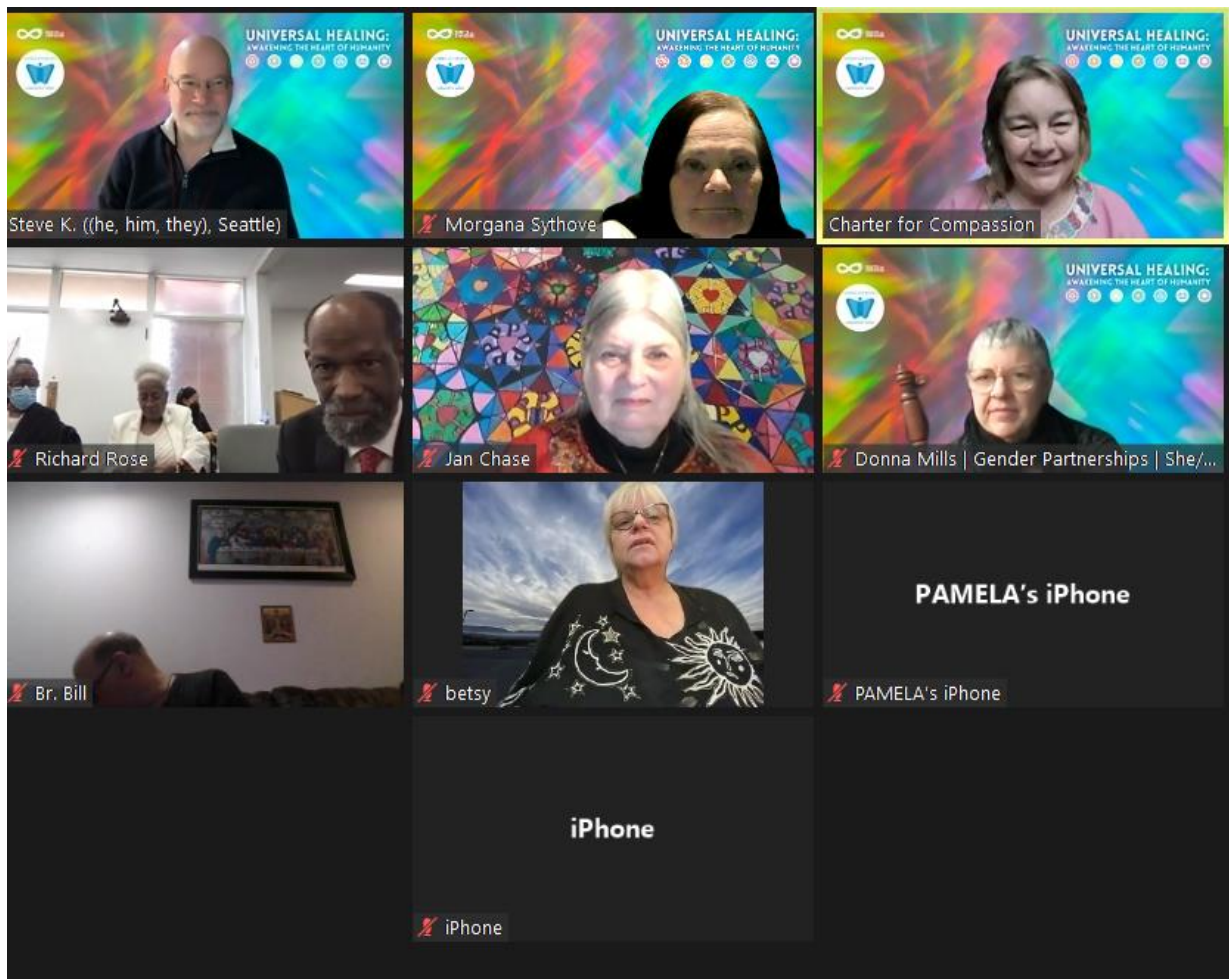
Day 5 – Throat Chakra with Rev. Jan Chase and Rev. Dr. Richard Rose representing Christianity

Delving deeper in Communication through Breath and Prayer

The Throat Chakra is located in the area of the throat. This energy center represents our source of verbal expression and the ability to speak our highest truth. The spoken word through the Throat Chakra is a powerful tool we have which can be used to build "Heaven on Earth", Martin Luther King, Jr's. "Beloved Community." To use its power, we need to open and develop our other chakras as well. In this session we show that the Chakra system works to connect heaven and earth through us. This not only occurs in eastern religions, but in a more hidden way through the western religion of Christianity, where the Lord's Prayer of Jesus, actually paves the way for this inner spiritual opening. This session contains both didactic material and meditative practices to induce the opening of our holy energy centers.

YouTube recording of the Session: <https://youtu.be/szn5pSA4rMI>







Email sent to participants

Subject:	Registration Confirmation - World Interfaith Harmony Week 2023 - Universal Healing: Awakening the Heart of Humanity - Morgana Sythove
Date:	Mon, 23 Jan 2023 07:41:36 -0800

From:	Charter for Compassion < contact@charterforcompassion.org >
To:	morgana@paganfederation.org
CC:	merida@charterforcompassion.org

Dear XXX,

Thank you for registering for World Interfaith Harmony Week, starting daily from February 1 to February 7, 2023, at 9am PT.

Please find Zoom information below and save for your records. It's the same link every day, and we'll send a reminder 1 hour before each one.

Join Zoom Meeting

<https://charterforcompassion.zoom.us/j/89804113364>

Please schedule the dates on your calendar:

Session 1 - Wednesday Feb 1 with Steve Kramer- Delving Deeper into our connection to Mother Earth - Root Chakra

Session 2 - Thursday Feb 2 with Merida McCarthy- Delving Deeper into our relationships and creativity - Sacral Chakra

Session 3 - Friday Feb 3 with Jamal Rahman - Delving deeper into our emotions - Solar Chakra

Session 4 - Saturday Feb 4 with Donna Mills - Delving Deeper into unconditional love - Heart Chakra

Session 5 - Sunday Feb 5 with Jan Chase & Richard Rose - Delving deeper into communication, breath and prayer - Throat Chakra

Session 6 - Monday Feb 6 with Kiran Bali- Delving Deeper into our knowledge, wisdom and intuition - Brow Chakra

Session 7 - Tuesday Feb 7 with Morgana Sythove & Donna Mills- Delving deeper into the Spiritual connection - Crown Chakra

You may check the time in your area here: <https://www.worldtimebuddy.com/>

We look forward to seeing you there!

RISE Team - Charter for Compassion