

## Universal Healing: Awakening the Heart of Humanity: Day 2 - February 2

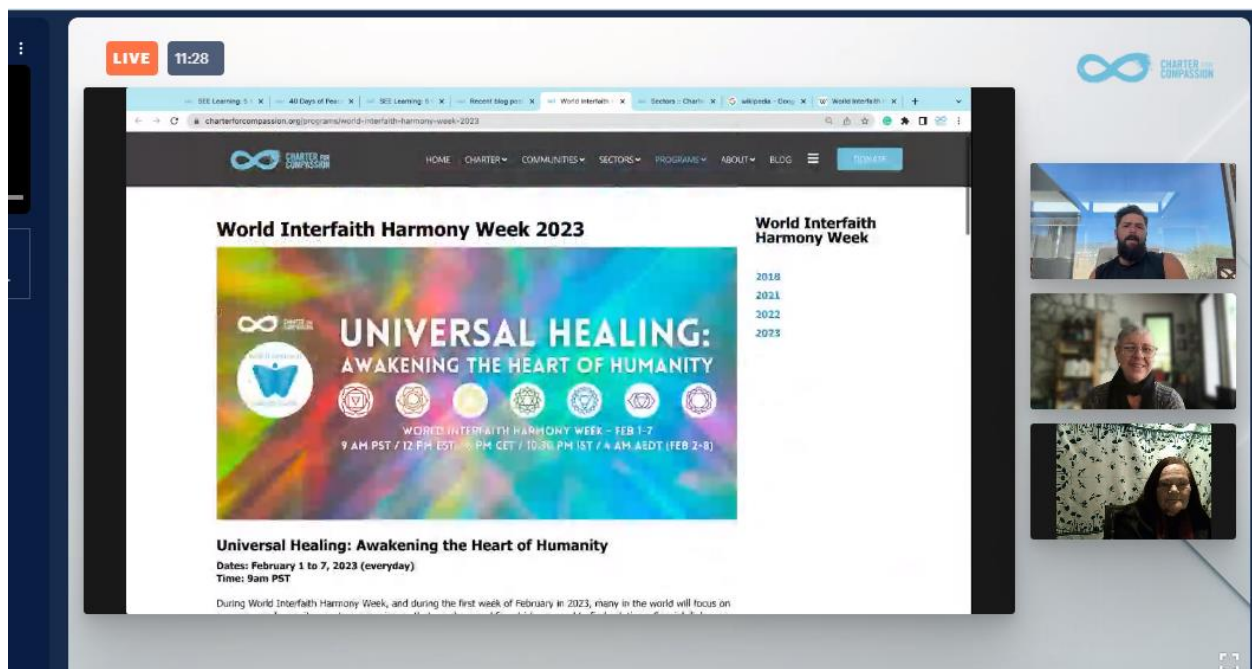
This year to celebrate World Interfaith Harmony Week (2023) Charter for Compassion and the RISE Team - Religion, Interfaith and Spirituality for Everyone- have created a special experience for you: a daily offering of healing from different traditions of the world.

### Day 2 – Sacral Chakra with Mérida McCarthy representing Spiritual and Social Psychology

#### Delving Deeper into our Relationships and Creation center

Second center is the Lower creative center (superior creative center is 5th chakra) Women "create" babies, and personal life projects are "born" here, then developed through the will in the 3rd chakra, the love and passion of the 4th chakra, and finally manifested and communicated through the 5th. You may feel detached from your own emotions as well as the emotions of the people around you, or you may feel isolated and anxious to be alone and lonely. It's a vicious cycle that can cause loneliness as well as anxiety. There's a feeling of not belonging anywhere. Find out how to heal these energies here.

YouTube recording of the Session: <https://youtu.be/9LwLaTAP4DY>



The screenshot shows a live-streamed event page for "Universal Healing: Awakening the Heart of Humanity" during World Interfaith Harmony Week 2023. The page features a colorful banner with the event title and dates (February 1-7, 2023). A sidebar on the right shows a list of years (2018, 2021, 2022, 2023) and three video thumbnails of participants. The main content area includes the event title, dates, and time (9am PST). The page is displayed in a browser window with a "LIVE" indicator and a timestamp of 11:28.

**UNIVERSAL HEALING:  
AWAKENING THE HEART OF HUMANITY**

WORLD INTERFAITH HARMONY WEEK - FEB 1-7  
9 AM PST / 12 PM EST / 6 PM CET / 10.30 PM IST / 4 AM AEDT (FEB 2-8)

**Day 2 – Sacral Chakra with Mérida McCarthy  
Delving Deeper into our Relationships and  
Creative Center**

Steve K. ((he, him, they), Seattle)	Morgana Sythove	Jamal Rahman
Br. Bill	Donna Mills   Gender Partnerships   She/...	Aurora Hill
Vicki	lara leal	Kiran Bali

OUR INTENTION IS TO AWAKEN OUR HIGHER CONSCIOUSNESS SO THAT WE CAN CONNECT TO THE OTHER THROUGH THE HEART, AND BE OF AUTHENTIC SERVICE TO ALL OF LIFE: LOVE IN FULL EXPRESSION.

Charter for Compassion

Morgana Sythové

Steve K. (he, him, they), Se...

Donna Mills | Gender Pa...

Jamal Rahman

Br. Bill

Aurora Hill

Jamal Rahman

Aurora Hill

Br. Bill

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Vicki

Vicki

Kiran Bali

Kiran Bali

**Subject:**Reminder: World Interfaith Harmony Week - February 1 to February 7, 2023, at 9am PT starts in 1 hour

**Date:** Thursday 2 Feb 2023 08:01:45 -0800

**From:**Charter for Compassion <[contact@charterforcompassion.org](mailto:contact@charterforcompassion.org)>

**Reply-To:**Charter for Compassion <[contact@charterforcompassion.org](mailto:contact@charterforcompassion.org)>

**To:**

This is a reminder that the World Interfaith Harmony Week - February 1 to February 7, 2023, at 9am PT starts in 1 hour!

Here 's the Zoom link:

Join Zoom Meeting

<https://charterforcompassion.zoom.us/j/89804113364>

Please schedule the dates on your calendar:

Session 1 - Wednesday Feb 1 with Steve Kramer - Delving Deeper into our connection to Mother Earth - Root Chakra

Session 2 - Thursday Feb 2 with Merida McCarthy - Delving Deeper into our relationships and creativity - Sacral Chakra

Session 3 - Friday Feb 3 with Jamal Rahman - Delving deeper into our emotions - Solar Chakra

Session 4 - Saturday Feb 4 with Donna Mills - Delving Deeper into unconditional love - Heart Chakra

Session 5 - Sunday Feb 5 with Jan Chase & Richard Rose - Delving deeper into communication, breath and prayer - Throat Chakra

Session 6 - Monday Feb 6 with Kiran Bali - Delving Deeper into our knowledge, wisdom and intuition - Brow Chakra

Session 7 - Tuesday Feb 7 with Morgana Sythove & Donna Mills - Delving deeper into the Spiritual connection - Crown Chakra

You may check the time in your area here: <https://www.worldtimebuddy.com/>

We look forward to seeing you there!

RISE Team - Charter for Compassion