

World Interfaith Harmony Week-2023



The official UN Observance in the 1st week of February
Kingdom of Jordan

Celebrated by:

The students of Shri P.K. Chaudhari Mahila Arts College, Sector-7, Gandhiangar, Gujarat (India)

Celebration Event:

Essay by Students- Peace and Positivity

Project Guided By:

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Principal, Shri P.K. Chaudhari Mahila Arts College, Sector-7, Gandhiangar, Gujarat (India)
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Associate Professor, Shri P.K. Chaudhari Mahila Arts College, Sector-7, Gandhiangar, Gujarat (India)

PART-III

DATE: _____
PAGE: _____

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Mahila Arts college

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Sem : 3

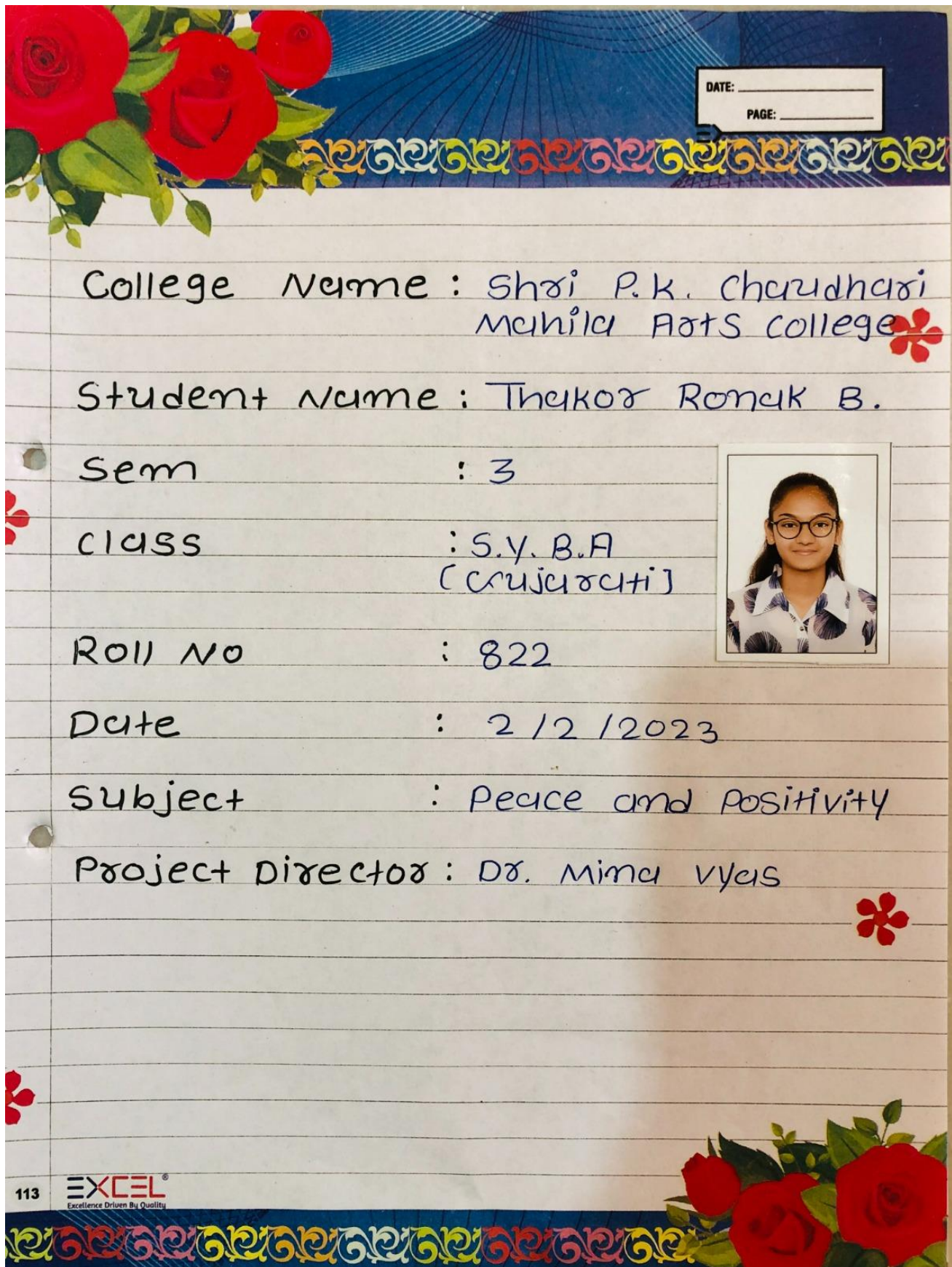

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Roll No : 822

Date : 2 / 2 / 2023

Subject : Peace and Positivity

Project Director : Dr. Mima vyas





DATE: _____
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Peace And Positivity


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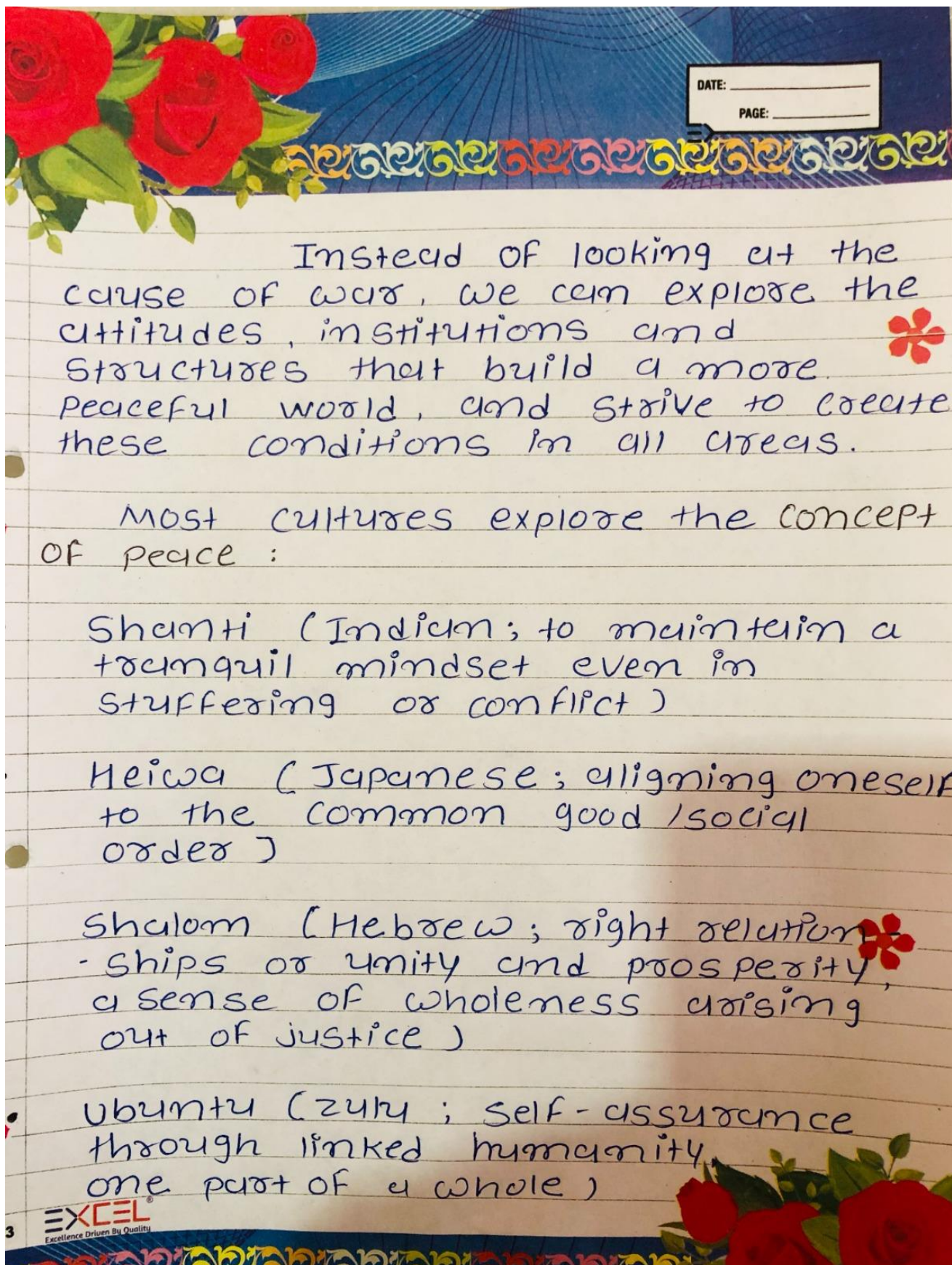
Positive Peace opposes what is known as the 'structures and cultures of violence'. These structures and cultures can cause people to behave violently, or impose violence on others.

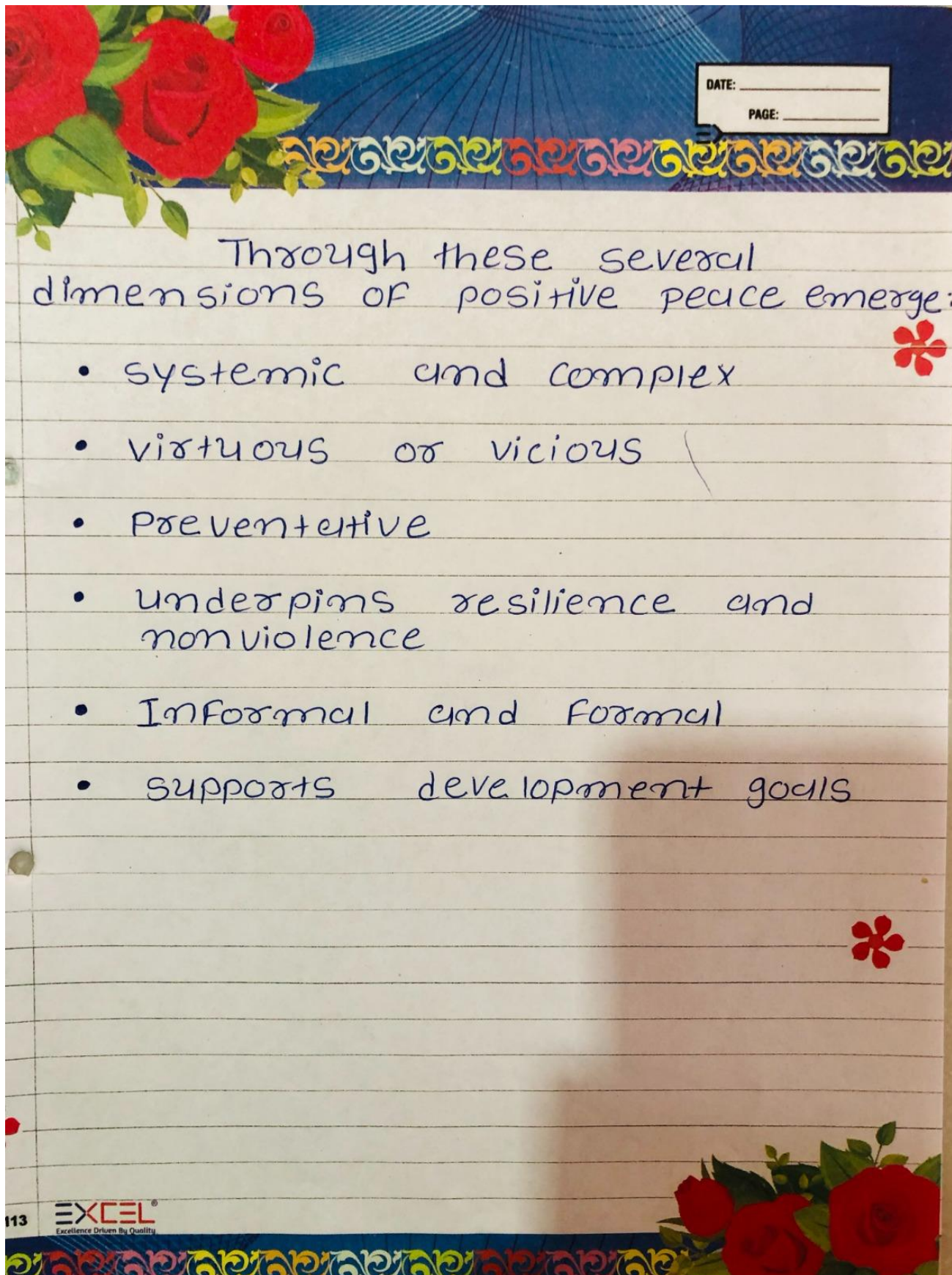
This definition has since increased in popularity, and is now widely used by academics and politicians alike. But in order to fully understand the idea of positive peace and its implementation, we need to understand the history of positive peace.

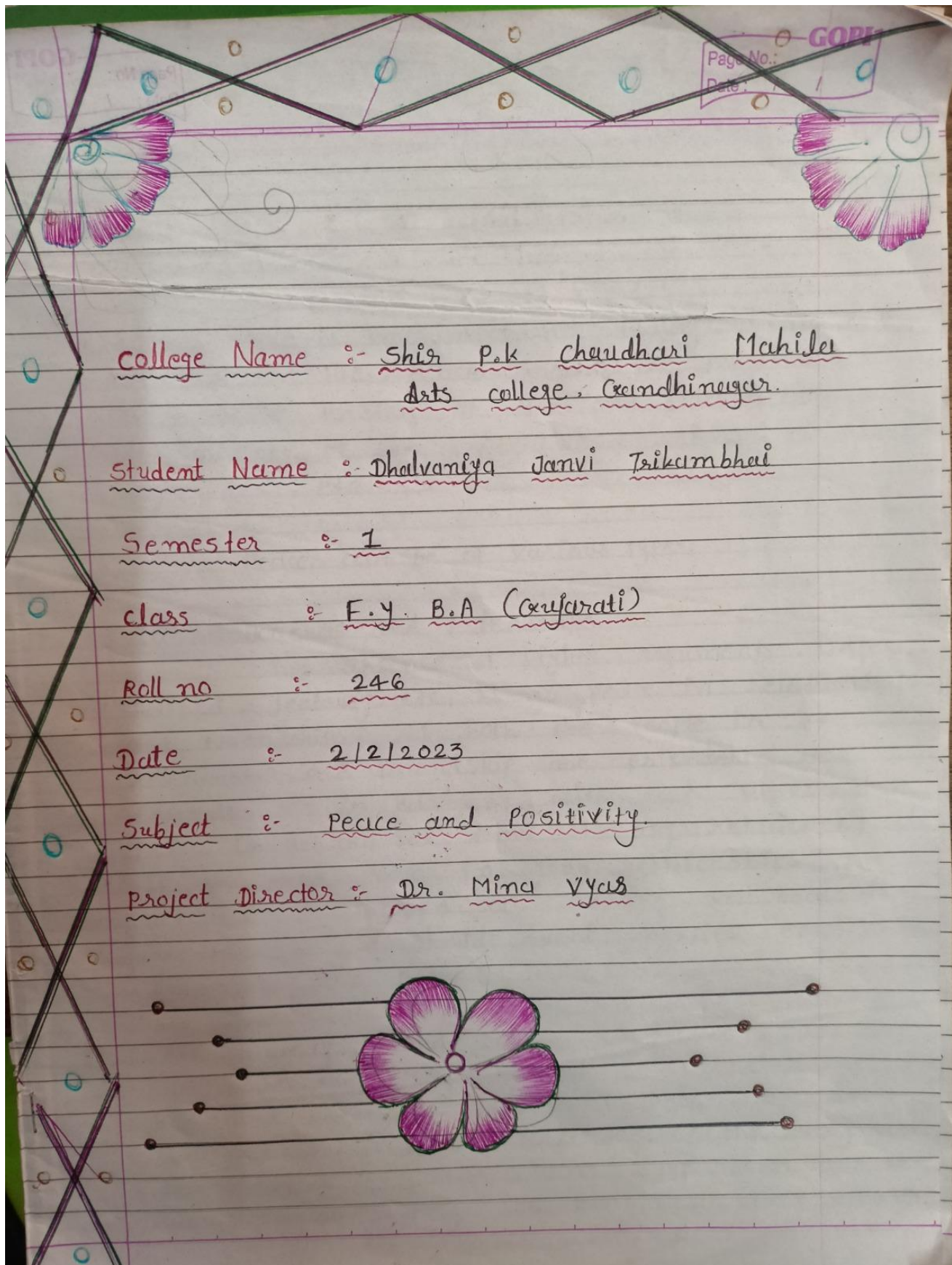
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Our understanding of the term 'peace' has evolved significantly over the last 2,500 years, and its long [history of positive peace] historical pedigree is explored here through this website.









Concept of Peace

Peace is very important quality. For a happy and satisfied life. Peace means the presence of life - positive emotions of love and satisfaction and the absence of life - negative emotions of struggle, anger, fear, etc.

Peace can be of various types.

In relationships and friendships.

The absence of fights, arguments, anger, hatred, jealousy, etc, brings peace in relationships and friendships. If both the people in a relationship and friendship are friends, are in harmony with each other, then peace is a natural come of any relationship.

If you need peace in your relationships, you need to be focused on creating and maintaining peace. you should avoid negative emotions, thoughts and actions.

In society, and in the world.

In the world around us, in the last century we have seen two big world wars. wars are the opposite of peace and destroy the very roots of peaceful existence. Wars have been a part of human history, for centuries. They emerge

From negative feeling of revenge, jealousy, power abuse, greed, etc. For a peaceful society, and for a peaceful world, we as human beings, need to control our negative urges & and we need to avoid fights and wars.

In our mind.

The most important dimension is inner peace or peace of mind. Whatever be the external circumstance it is your control to maintain and grow your peace of mind.

A peaceful life is a life of love and happiness.

* International Day of Peace *

The International Day of Peace is celebrated on 21st September every year. The international Day of Peace, sometimes unofficially known as World Peace Day. This Day is observed around the world. The International Day of Peace was established in 1981. The first Peace Day was observed in September 1982.

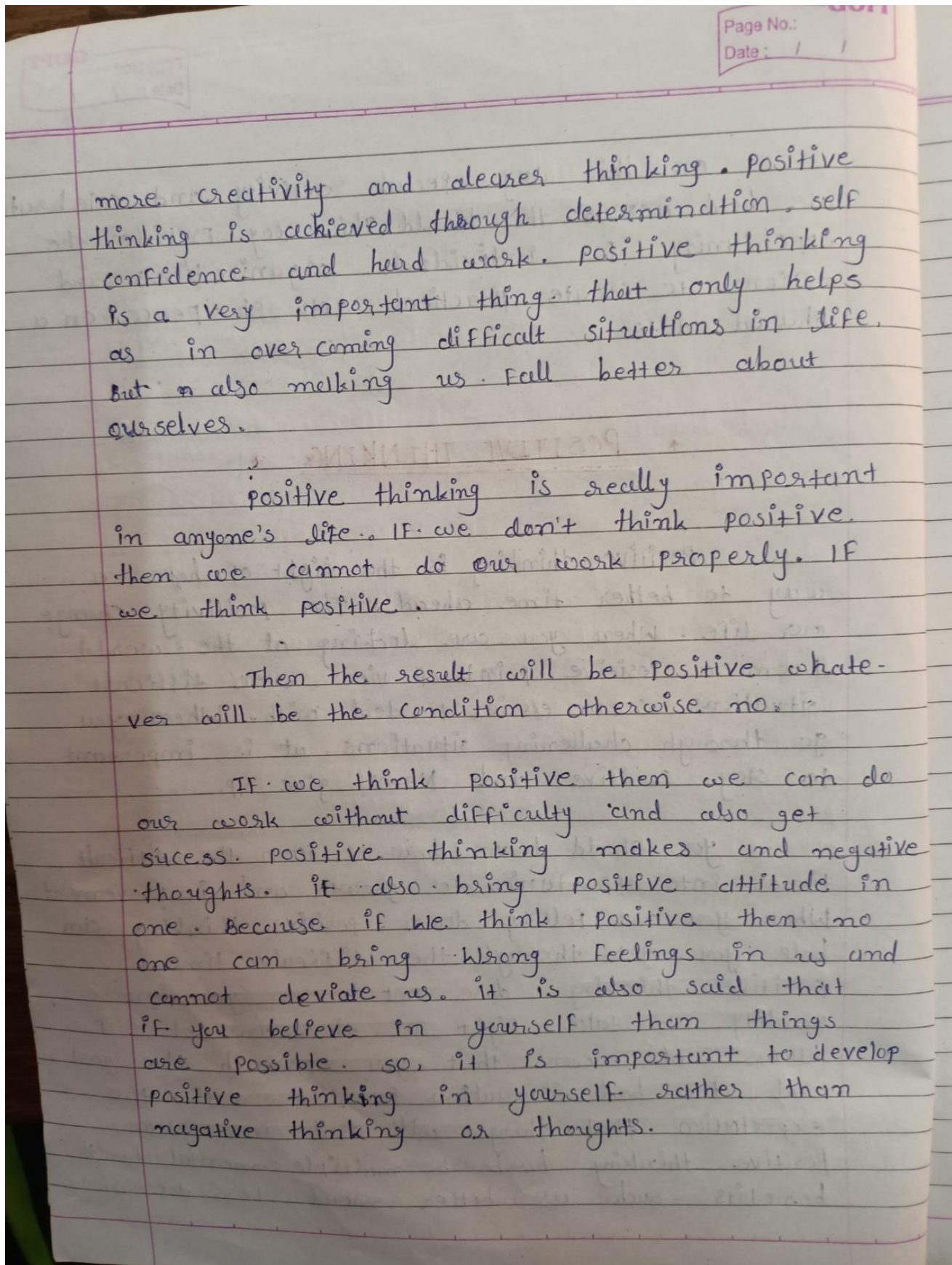
This day is dedicated to World Peace, and specifically the absence of war and violence. To inaugurate the day, the United Nations Peace Bell is rung at UN Headquarters in New York.

on this day special activity and celebration are held across the world. This day provides the opportunity for individuals, organizations and nations to create practical acts of peace on a shared date.

* POSITIVE THINKING *

Positive thinking is the light of hope, a way to better time ahead. The positivity change our life. When you are looking at the world from a positive point of view, even difficult situations seem easier to deal with. When you go through challenging situations, it is important to stay positive and never give up.

You should learn how to turn the difficult times into opportunities for growth and improvement. When you are feeling down, positive thinking can help you get through the difficult time. Positive thinking does not mean you ignore reality or take light of the unresolved problems. It means that you approach the good and the bad situations in life with the expectation that things will fall into place. Positive thinking harbours multiple mental health benefits such as better mood, less depression.





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Roll No. :- 537


Date :- 2-2-2023

Subject :- ~~For~~ Peace and Positivity

Project Director :-
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Peace and Positivity

Positive Peace is essentially the creation of peace through positive actions and interactions. A simpler way to understand this concept is by discussing its opposite: Negative Peace. According to Norwegian sociologist, Johan Galtung, Negative Peace is the attempt to create peace through an absence of violence. While the concept of negative Peace is still an attempt to achieve peace, it can often be




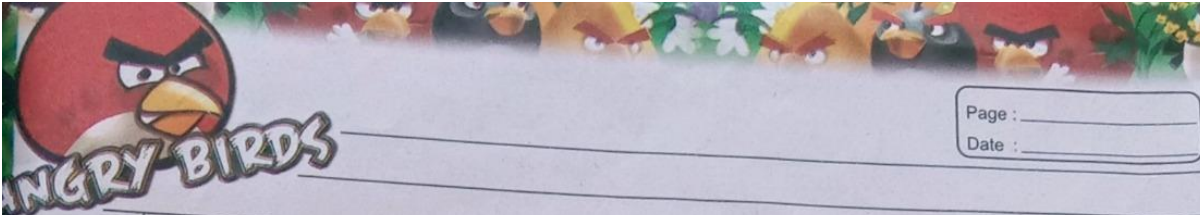
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more difficult to achieve peace in this way, rather than by having action, interactions, societies and institutions that promote and advocate for peace.

An example of positive peace would be aiming to create a more inclusive and supportive workplace through education and value restructuring, which in turn results in a more peaceful workplace. On the other hand, negative peace in this scenario would be trying to remove toxic people or values from that workplace in an attempt to make it more peaceful. Notice how the former method aims to proactively restructure for a sustainable positive outcome, while the latter is in response to conflict or negativity, and seeks to neutralize the situation, leading to a more temporary outcome.

Now that we have a better understanding of positive peace, how can we make it a mindset? Since positive peace is the attempt to create peace through positive action, a mindset of such would include thinking thoughts and doing actions that will contribute to peace within yourself and through your interactions with others. Contrary to popular belief, you should not avoid




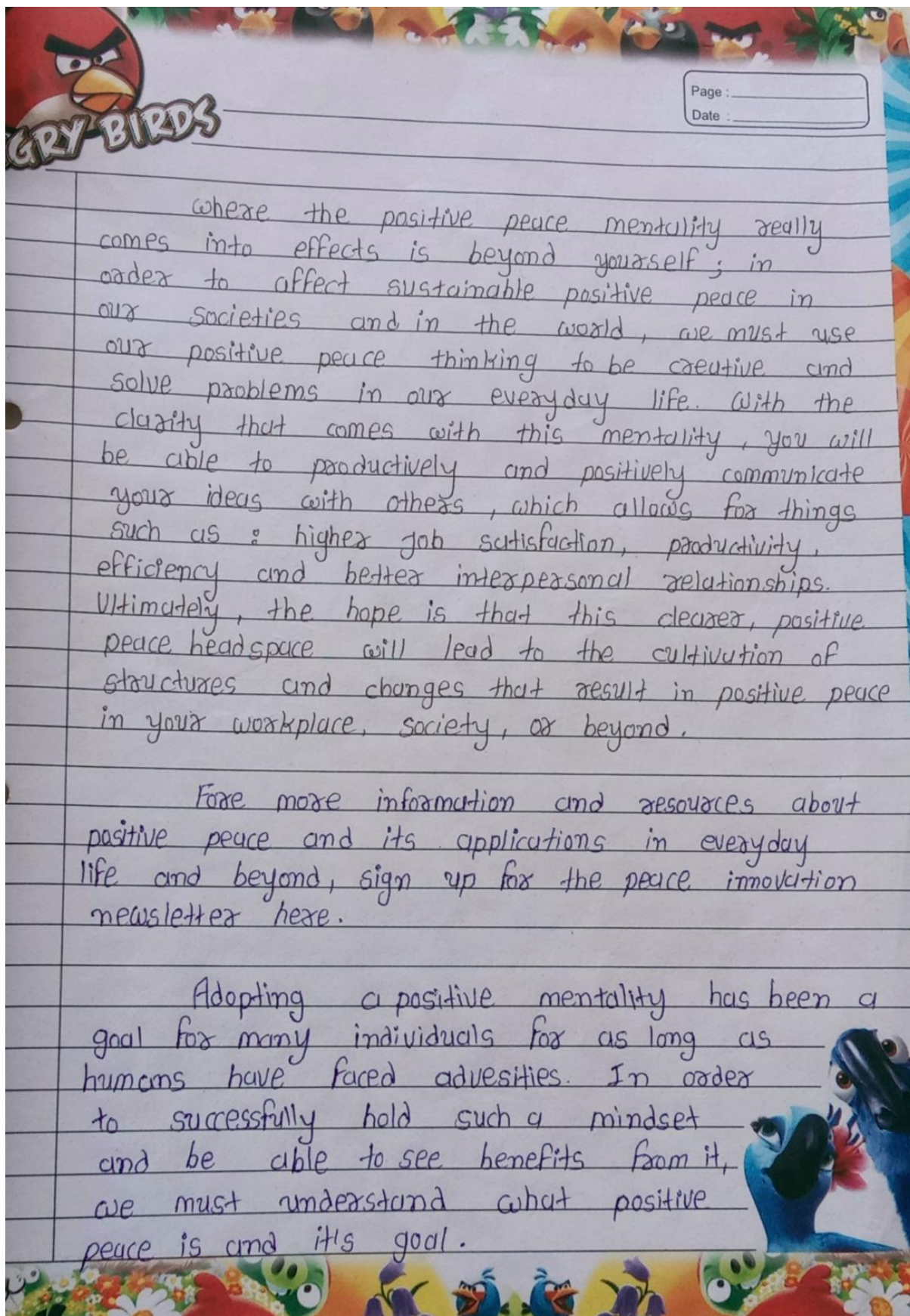


negative thoughts - that would create a negative peace mindset, which will not lead to long term impact.

According to Positivepsychology.com, some characteristics of a positive (peace) mindset are optimism, acceptance, resilience, gratitude, mindfulness and integrity. It's quite possible that when people try to adopt a positive mindset, they try implementing only one or a few of these characteristics exclusively, which can lead to an unsustainable mindset. Rather, you should attempt to implement as many of these characteristics as possible, especially mindfulness, acceptance and resilience - which will be important in negative situations and shortcomings.

First, and Foremost, adopting a positive peace mindset will overall improve and clear your headspace. Working on your mindset will also help you improve your coping skills and overall mental and physical health, as well as your critical thinking skills.





where the positive peace mentality really comes into effects is beyond yourself; in order to affect sustainable positive peace in our societies and in the world, we must use our positive peace thinking to be creative and solve problems in our everyday life. With the clarity that comes with this mentality, you will be able to productively and positively communicate your ideas with others, which allows for things such as: higher job satisfaction, productivity, efficiency and better interpersonal relationships. Ultimately, the hope is that this clearer, positive peace headspace will lead to the cultivation of structures and changes that result in positive peace in your workplace, society, or beyond.

For more information and resources about positive peace and its applications in everyday life and beyond, sign up for the peace innovation newsletter [here](#).

Adopting a positive mentality has been a goal for many individuals for as long as humans have faced adversities. In order to successfully hold such a mindset and be able to see benefits from it, we must understand what positive peace is and its goal.

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- Date : 02/02/2023.
- Subject : Peace and Positivity.
- Project Director : D. S. Mima Vyas.



Swami Vivekananda Peace.

- Behold, it comes in night, The Power that is not Power, The light that is in darkness, The Shade in dazzling light. It is joy that never spoke, And grief unfelt, Profound, Immortal life un-lived, Eternal death un-mourning. It is not joy nor sorrow But that which is between, It is not night nor morrow But that which joins them in. It is sweet rest in music And Pause in sacred art; The Silence between speaking, Between two fits of Passion - It is the calm of heart. It is beauty never seen, And love that stands alone, It is song that lives un-sung, And knowledge never known. It is death between two lives, And lull between two storms, The void whence rose creation. And that where it returns. To it the tear - drop goes, To spread the smiling form It is the goal of life, And Peace - its only home!

Positivity.

Swami Vivekananda was a spiritual leader, philosopher and a great religious personality in the world. He was born on 12th January 1863 at Simla Paly in North Kolkata in a renowned datta family. His father Vishwamath datta was an attorney and his mother Bhuvanashwari Devi was a pious lady. Vivekananda was known as Narendra Nath Dutt in his childhood.

If you speak kind words to boys and encourage them they are bound to improve in

time if you can give them positive ideas people will grow up to be men and learn to stand on their own legs. in language and literature, in poetry and the arts, in everything we must point out not the mistakes that people are making in their thoughts and actions, but the way in which they will gradually in which they will gradually will be able to do these things better pointing out mistakes wounds a man's feelings. All the strength and succour you want is within yourselves.

Therefore make your own future let the dead past bury its dead. The infinite future is before you and you must always remember that each word, thought, and deed lays up a store for you and that, as that as the bad thoughts and bad works are ready to spring upon you like tigers so also there is the inspiring hope that the good thoughts and good deeds are already with the power of a hundred thousand angles to defend you always and for ever.

Never mind failures, they are quite natural the one the beauty of life these failures.

What could life be without them? I never heard a cow tell a lie, but it is only a cow - never a man. So never mind these failures. these little backslidings, hold the ideal a thousand times, and if you fail a thousand times make the attempt once more.

The ideal of man is to see God in everything. Men are thought from childhood, that they are weak sinners. teach them that they are all glorious children of immortality.

Even those are the weakest in manifestation. Let positive, strong, helpful thought enter into their brains from very childhood. You must not say that you are weak.

How do you know what possibility lie behind that degradation on the surface? You know but little of that which is within you. For behind you is the Ocean of infinite power and blessedness.

Whatever you think that you will be if you think yourself weak, weak you will be if you think yourself strong, strong you will be.

We are to take care of ourselves, that much we can do and give up attending to others for a time.

Let us perfect the means, the end will take care of itself.

For the world can be good and pure only if our lives are good and pure. It is an effect and we are the means therefore, let us purify ourselves. Let us make ourselves perfect.

TOP 12 famous quotes by Swami vivekananda.

“You are the creator for your own destiny.”

“Arise, awake & stop not until the goal is achieved.”

“A man is not poor without a rupee but a

man is really poor without a DREAM & AMBITION!"

"Strength is life weakness is death."

"All power is within you; you can do anything & everything. Just Believe."

"you cannot believe in god until you believe in yourself."

"He who struggles is better than he who never attempts."

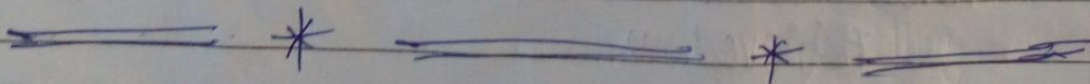
"Conquer you self and the whole universe attempts."

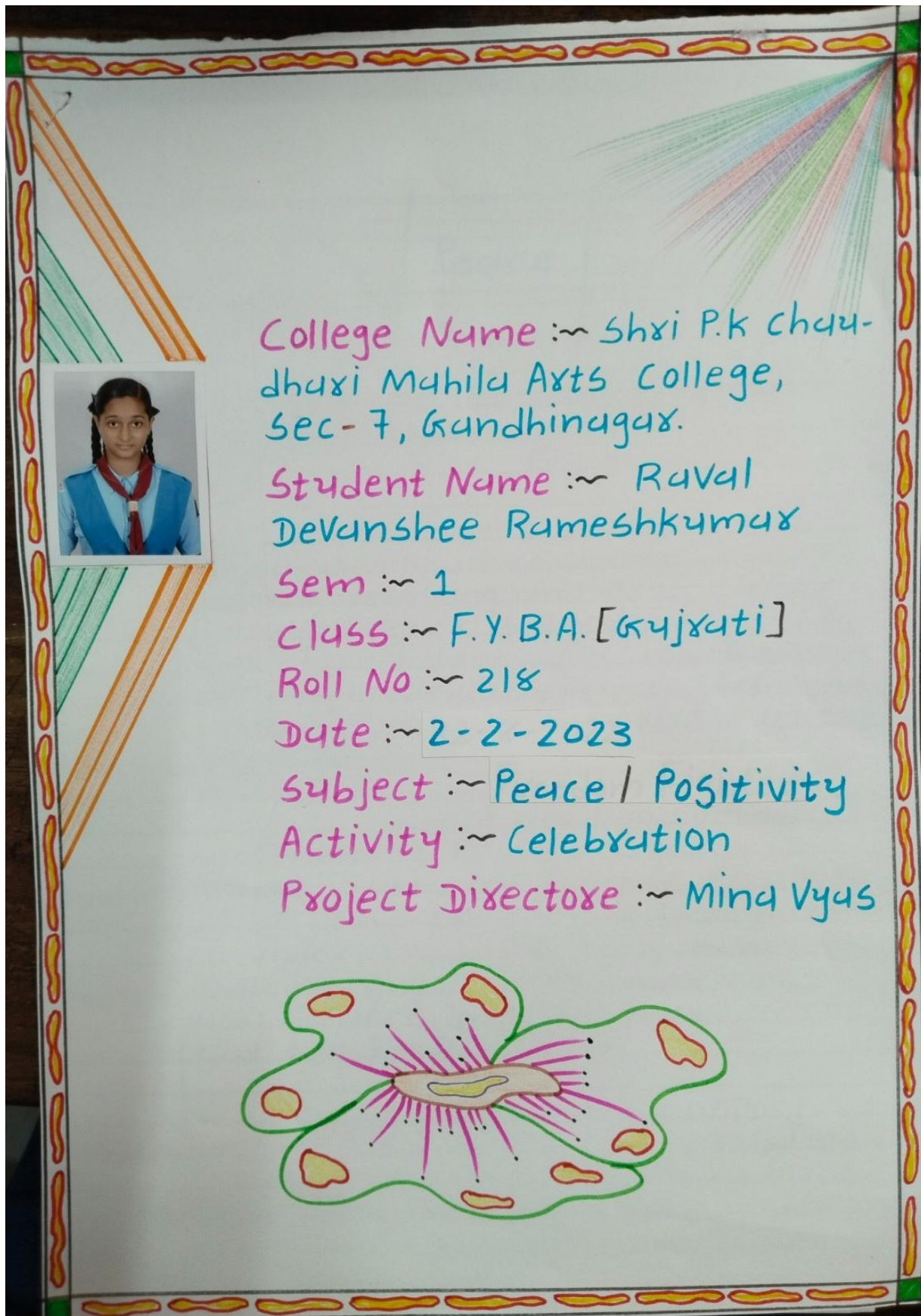
"Anything that makes you weak, physically, intellectually, & spiritually, reject as a poison."

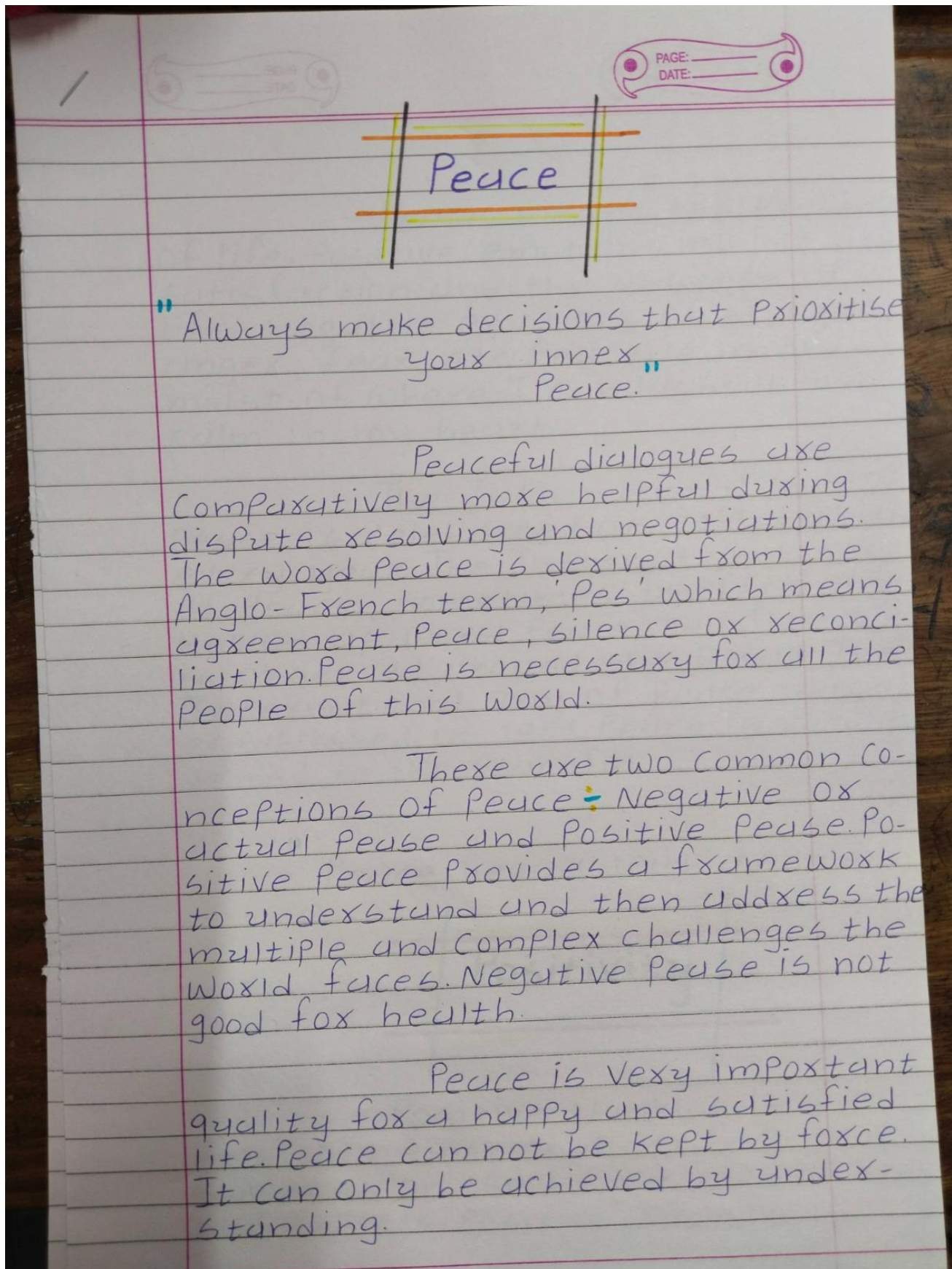
"Take risks in your life if you win you can lead, if you lose, you can guide."

"you have to grow from the inside out."

"If Superstitions enters, the brain is gone."







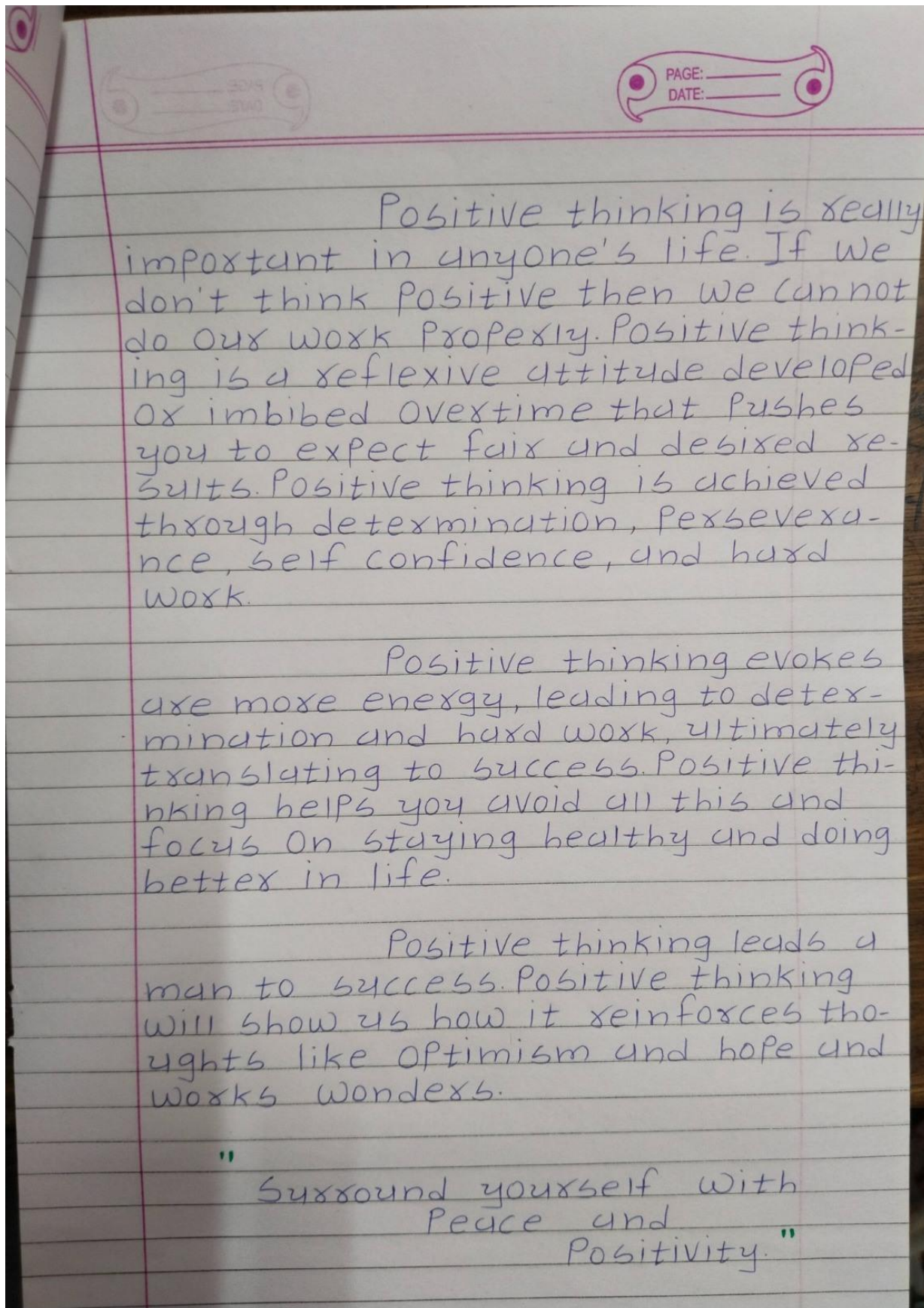
Peace means the presence of life-positive emotions of love and satisfaction and the absence of life-negative emotions of struggle, anger, fear, etc. Peace is in the midst of where I can be still and calm in my heart.

The International Day of Peace is celebrated on 21st September every year. The International Day of Peace, sometimes unofficially known as World Peace Day. This day is observed around the world. The International Day of Peace was established in 1901. Peace is rarely denied to the peaceful.

" " Peace begins with a smile.

Positivity

Positive thinking is a mental and emotional attitude that focuses on the bright side of life and expects positive results.



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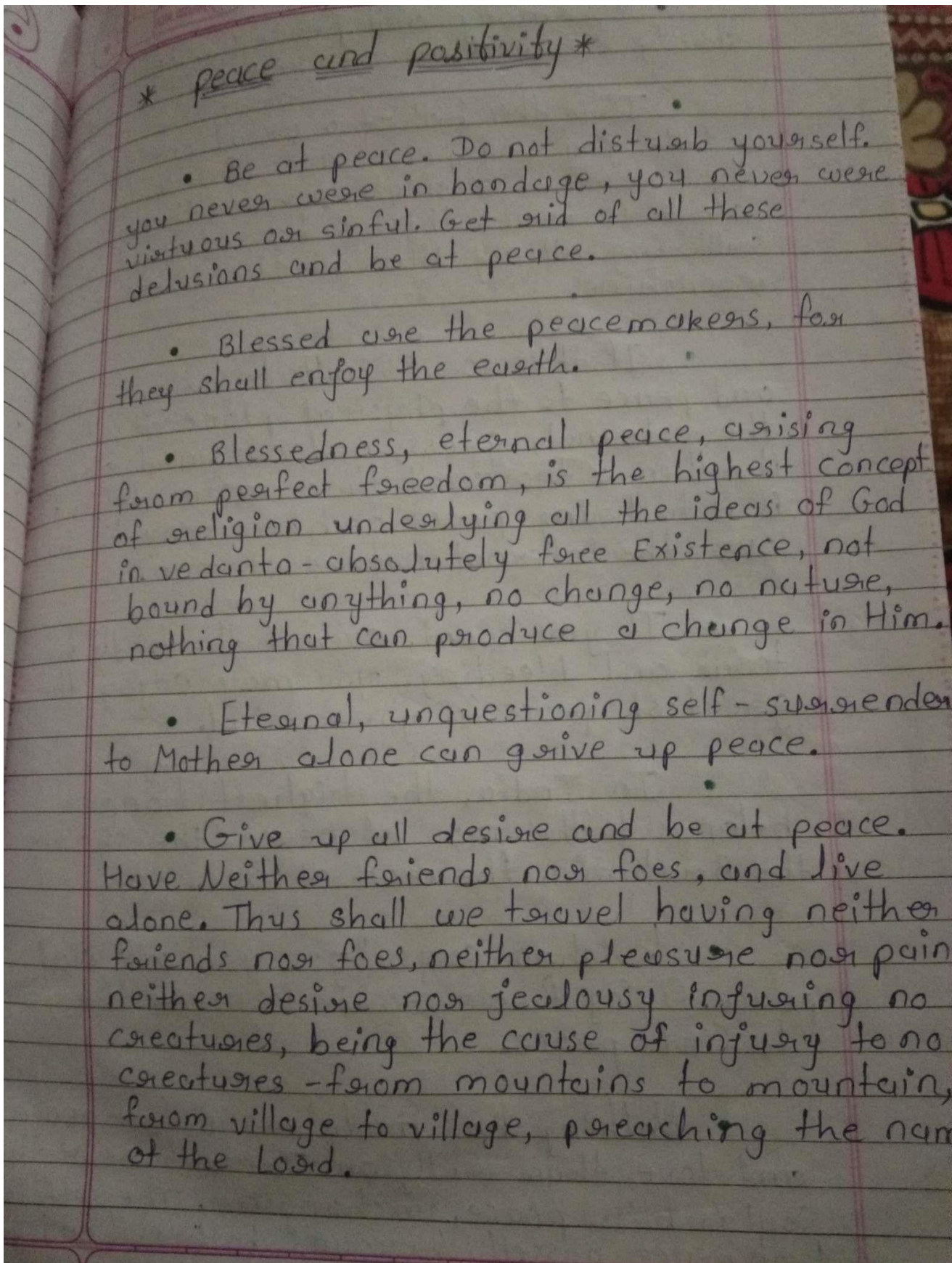
Roll No:- 520

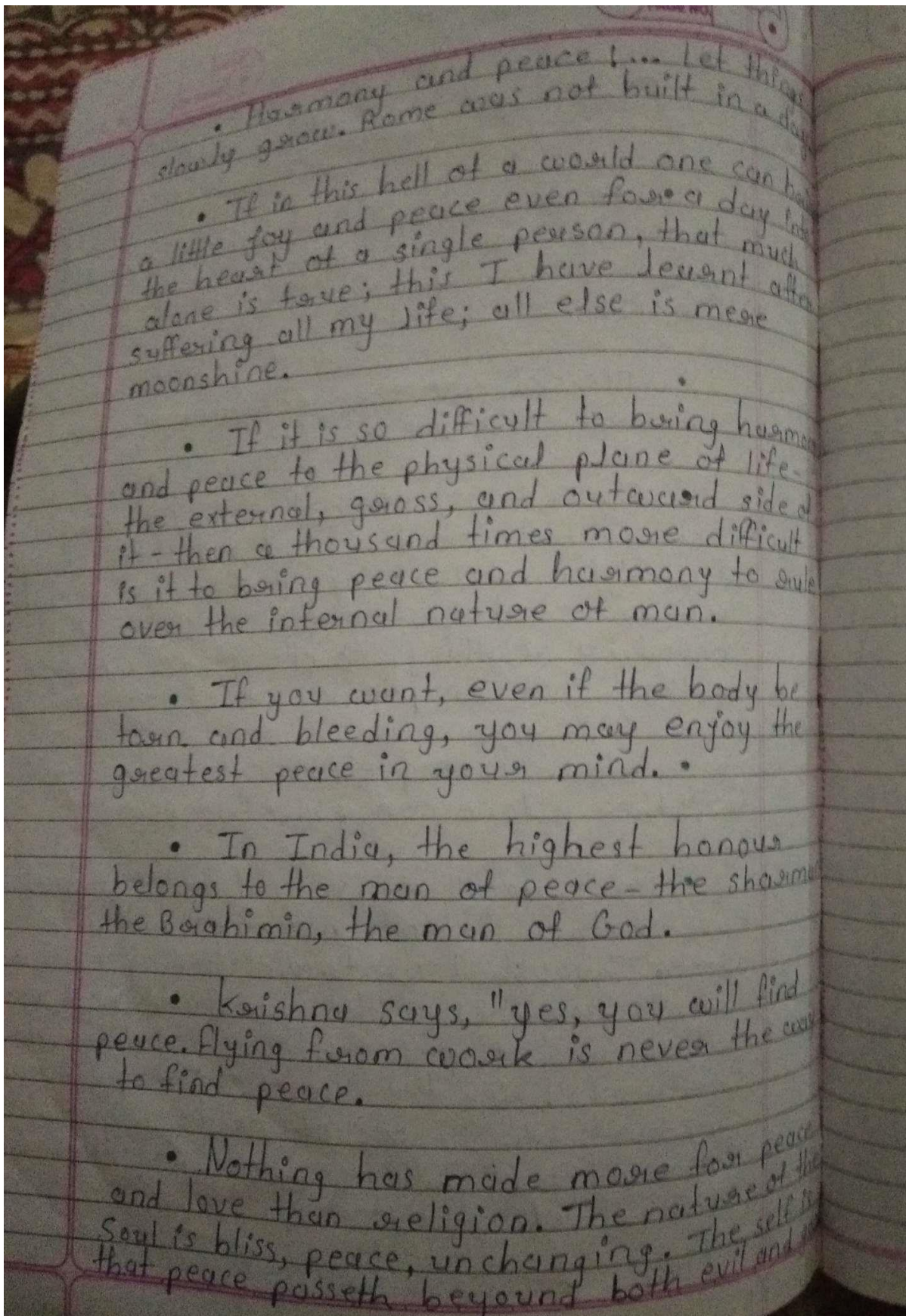
Date:- 2/2/2023

Subject:- peace and positivity

project Director:- Dr. Mina Vyas







• Harmony and peace!... Let things slowly grow. Rome was not built in a day.

• If in this hell of a world one can have a little joy and peace even for a day, that alone is true; this I have learnt after suffering all my life; all else is mere moonshine.

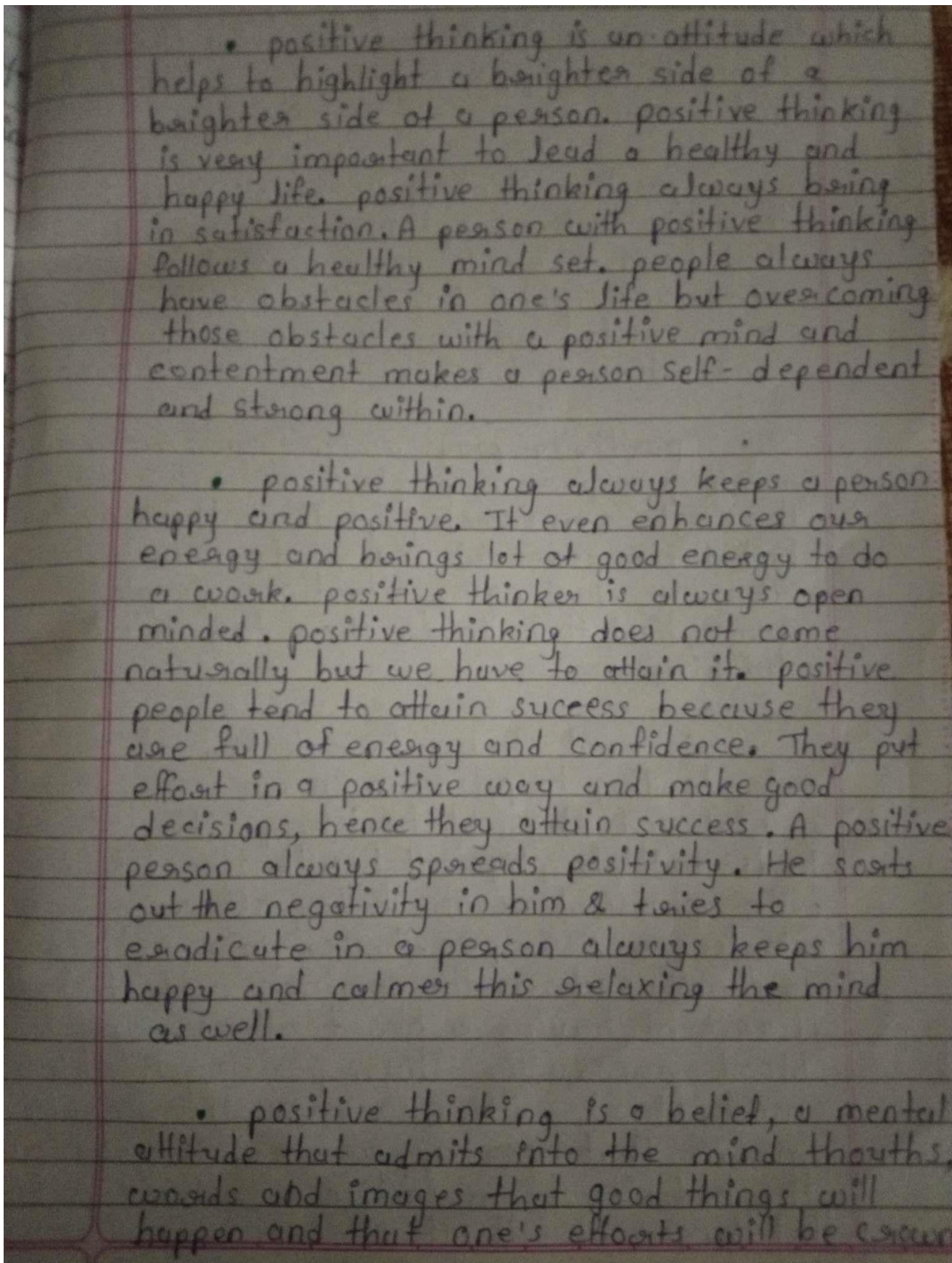
• If it is so difficult to bring harmony and peace to the physical plane of life - the external, gross, and outward side of it - then a thousand times more difficult is it to bring peace and harmony to smile over the internal nature of man.

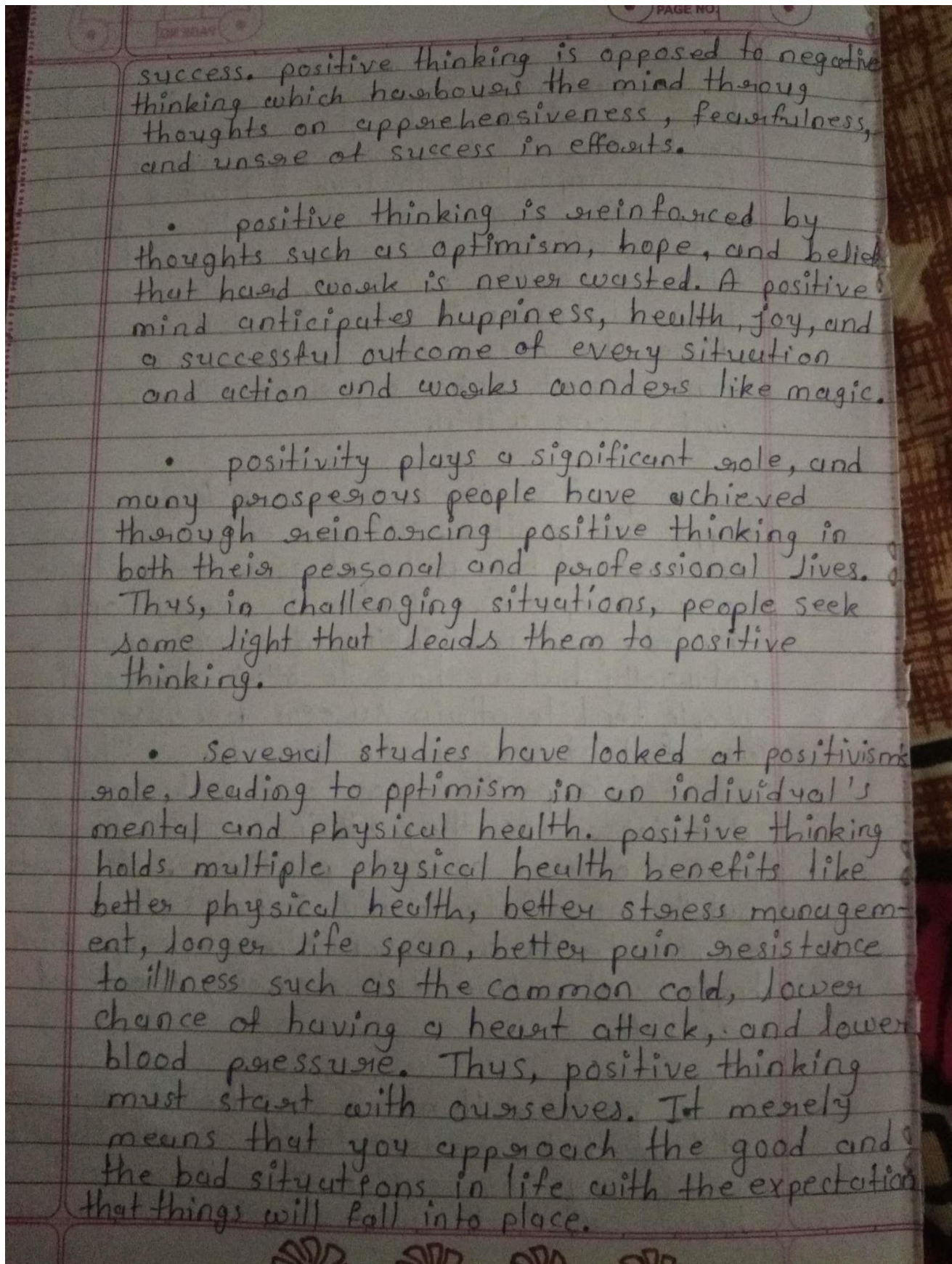
• If you want, even if the body be torn and bleeding, you may enjoy the greatest peace in your mind.

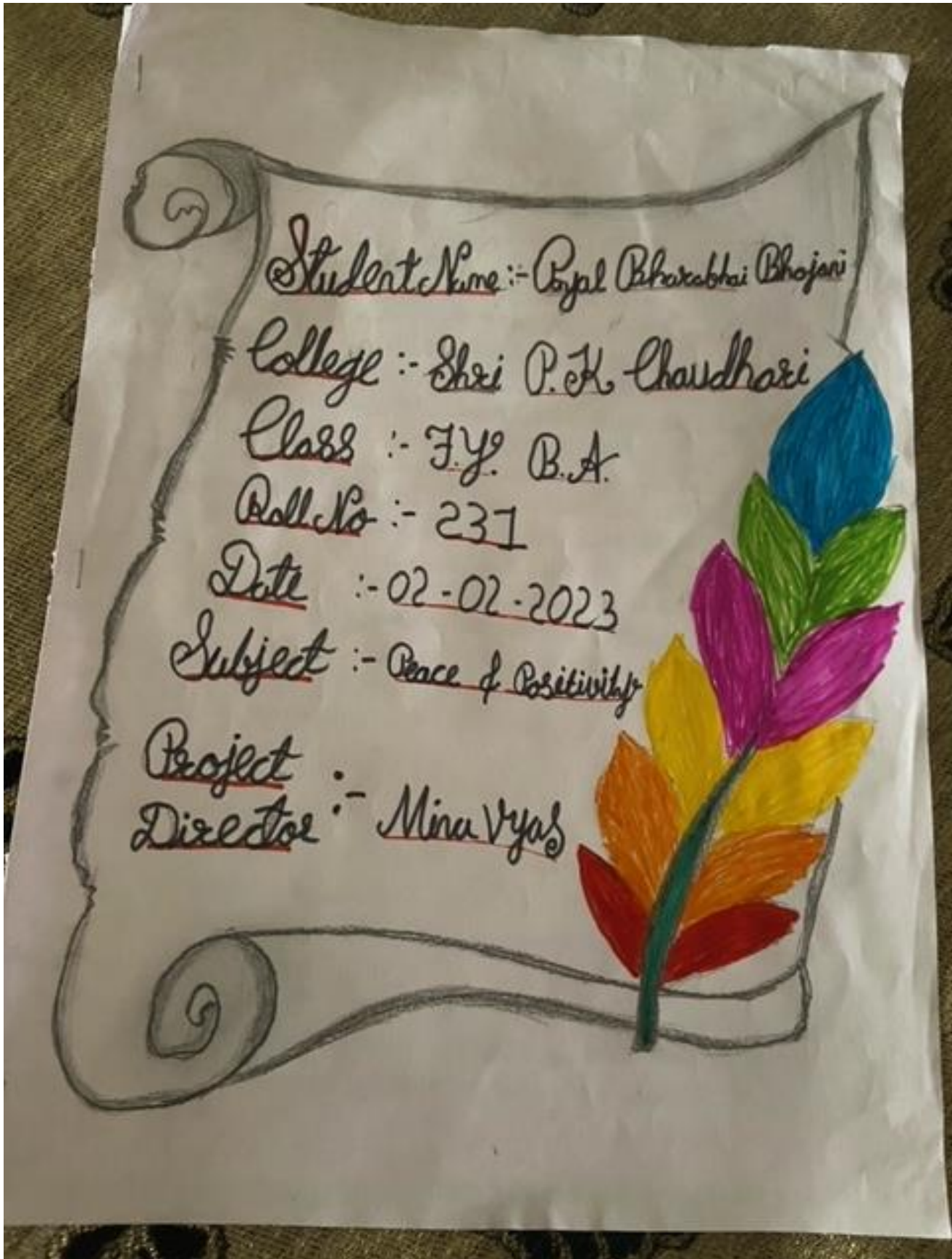
• In India, the highest honour belongs to the man of peace - the shaman, the Brahmin, the man of God.

• Krishna says, "yes, you will find peace. Flying from work is never the way to find peace."

• Nothing has made more for peace and love than religion. The nature of the Soul is bliss, peace, unchanging. The self is that peace, passeth beyond both evil and...







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Project :- Mina Vyas

Director :- Mina Vyas

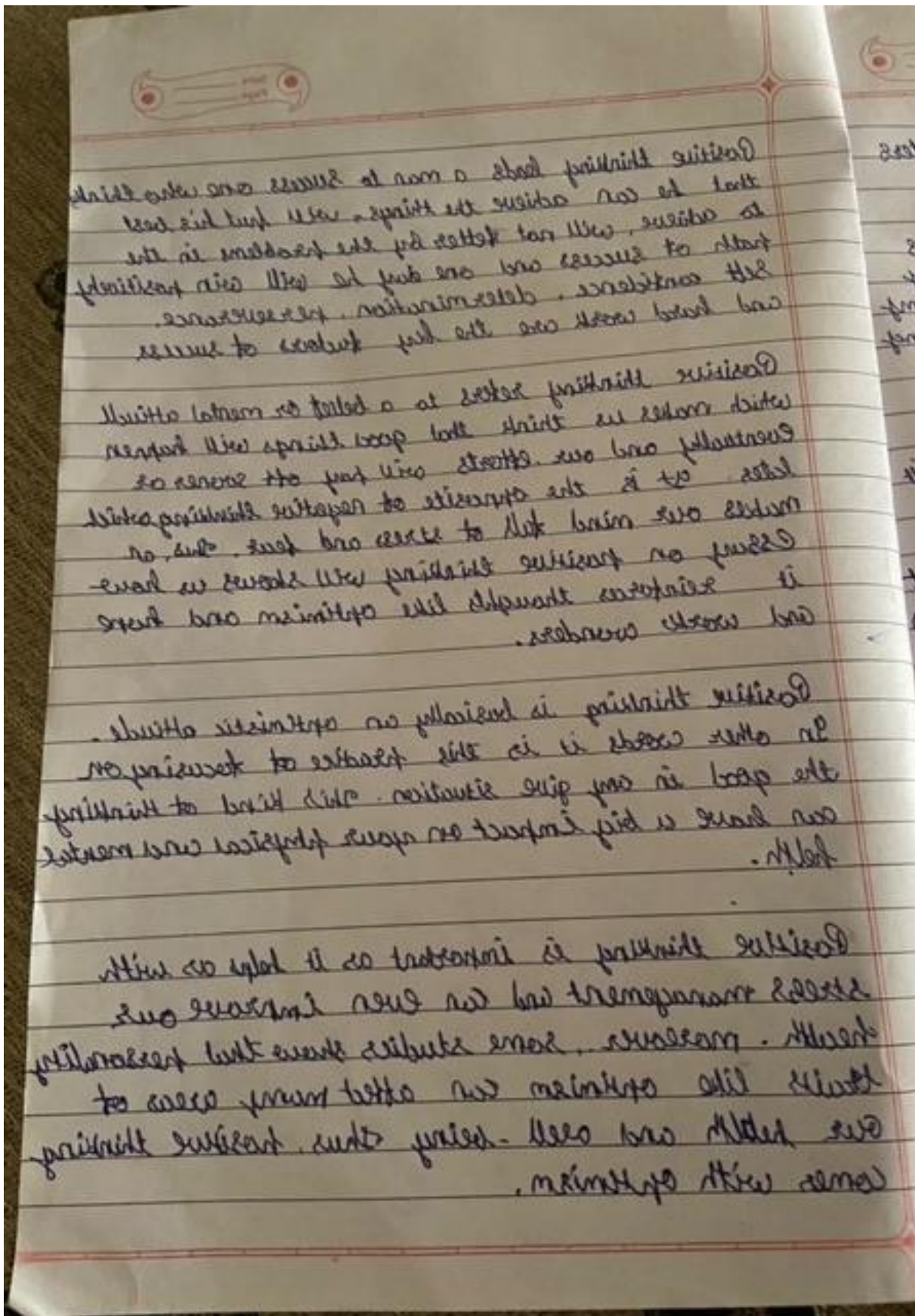
Peace

Peace is the path we take for bringing growth and Prosperity to Society. If we do not have peace and harmony, achieving political strength, economic stability and cultural growth will be impossible. Moreover, before we transmit the notion of peace to others, it is vital for us to possess peace within. It is not a certain individual's responsibility to maintain peace but everyone's duty. Thus, an essay on peace will throw some light on the same topic.

History has been proof of the thousands of wars which have taken place in all periods at different levels between nations. Thus, we learned that peace played an important role in ending these wars or even preventing some of them.

In fact, if you take a look at all religious scriptures and ceremonies, you will realise that all of them teach peace. They mostly advocate eliminating war and maintaining harmony. In other words, all of them hold out a sacred commitment to peace.

It is after the thousands of destructive wars that humans realised the importance of peace. Earth needs peace in order to survive. This applies to every



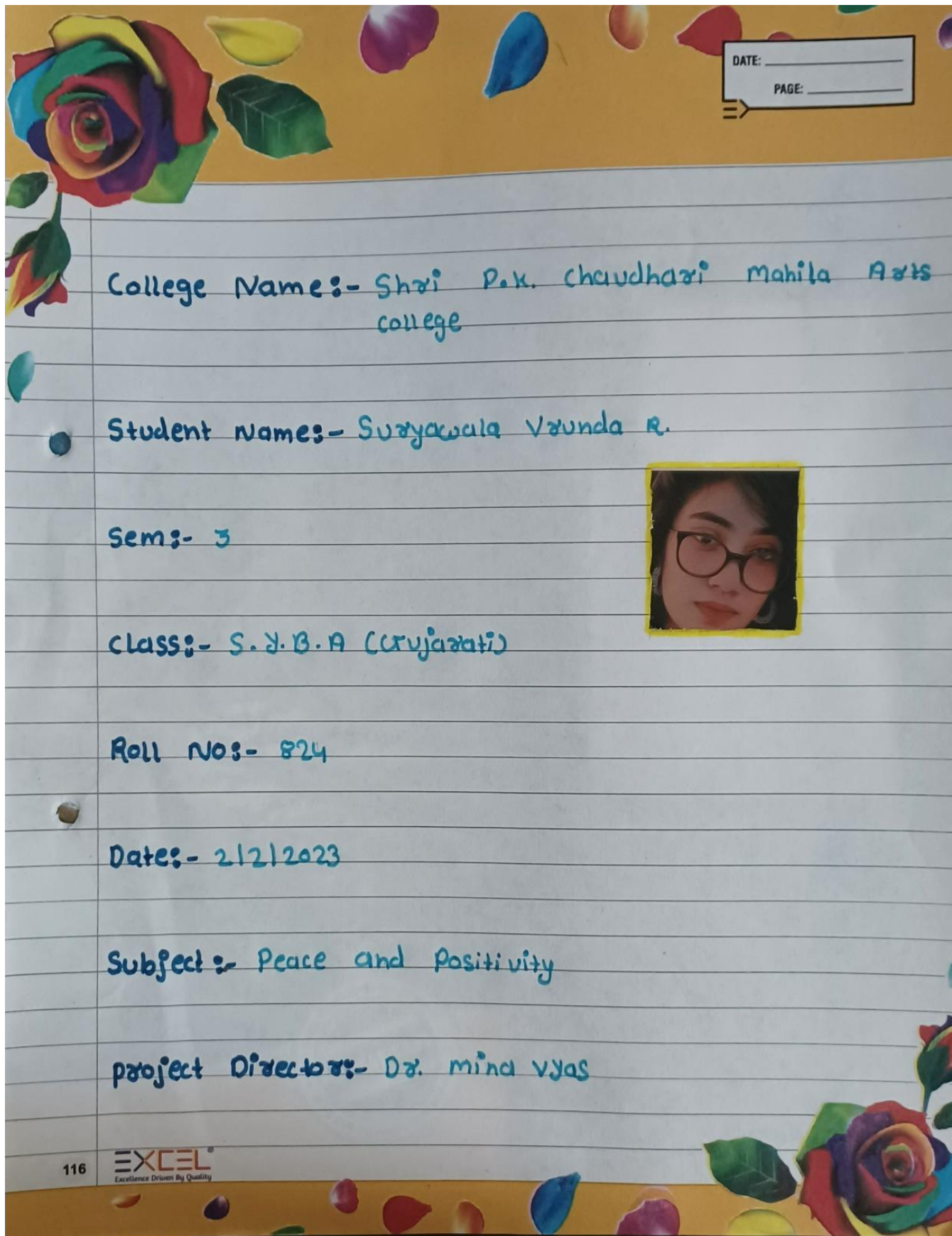
angle including wars, pollution, natural disasters and more.

When peace and harmony are maintained things will continue to run smoothly without any delay. Moreover, it can be a saviour for many who do not wish to engage in any disrupting activities or more.

There are many ways in which we can maintain peace at different levels. To begin with humankind, it is essential to maintain equality, security and justice to maintain the political order of any nation. Peace is the way that helps us prevent inequity and violence. It is no less than a golden ticket to enter a new and bright future for mankind.

Positivity

Positivity is the key ingredient of a healthy, happy and joyful life. One needs to be positive and always hopeful for the good times even in the face of harshest challenges of life. The following essay talks about positivity and importance in life, how positive attitude shapes the ways of beautiful and best life.




DATE: _____
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