

Clergy Faith / Leader Care Package Report, Feb. 1, 2022, 10 AM

A welcome by Judy Lee Trautman, MultiFaith Council of NW Ohio Co-founder and Chair was followed by an Opening Prayer by Imam Farooq Aboelzahab, from the Islamic Society of NW Ohio, and Music by Lauraine Carpenter on the Hang Drum.

Karen Christie, of Flowing Waters Sangha presented a short, guided meditation from Thich Nhat Hanh where we see ourselves as a flower (fresh), a mountain (solid), a clear lake (reflecting) and as spaciousness (free). This goes along with helping to nourish ourselves. Two minutes of silent meditation followed.

Music – Lauraine Carpenter, member of the Toledo Symphony Orchestra, and ordained Sufi Cherag, played a Carlos Nakai piece on the Native flute.

Judy Trautman presented a PowerPoint of local resources to support mental health, suicide prevention, and other issues faced during the pandemic. The Breakout sessions focused on the questions “How are you doing?” and “How may we help our Congregants cope during these times?” A scribe in each group took notes and gave a brief report to the full attendance.

Crystal Taylor used a fun app called ‘Wheel of Names’ to select winners of the 10 door prizes donated by the MultiFaith Women’s Group. Each attendee will receive by mail a gift art print from Judy Trautman that they may keep or pass on to someone who needs a get well or thinking of you note.

Closing Prayers were offered by Beth Schardt, of Corpus Christi University Parish / Pax Christi; and Daniel Pearlman, Director, Jewish Community Relations Council - Jewish Federation of Greater Toledo.