

Dalmiglio, Rosa

The Shaolin Philosophy: A Way to Develop Dialogue between Non-Western Philosophy and Western Philosophy

BIOGRAPHY: Rosa Dalmiglio was born in Garlasco, Italy. She is a member of the China Council Disabled People's Performing Art Troupe (special art, culture and humanity), which touches the hearts of all people and portrays the strong willpower so encouraging to 60 million Chinese disabled persons. Ms. Dalmiglio is Intermediary Agent of CICE, Centre International Cultural Exchange, a direct subsidiary of the Ministry of Culture, People's Republic of China. CICE is a comprehensive institution engaged in cultural exchange programs, professional publication and presentation of cultural art works such as exhibits, receiving foreign art troupes and artists, holding international cultural research programs, and producing intercultural and interreligious documentary films. She is also a member of the International Women Federation, which is concerned with the financial ethics of women's enterprises in underdeveloped areas. P.R. Xinhua Publishing House

Chinese Martial Arts (A Colour Documentary Film)

By Rosa Dalmiglio. Produced and Translated by the Centre of International Cultural Exchange. Presented by the Bureau for External Cultural Relation of China Ministry of Culture. The documentary systematically introduce the origins of martial art, its schools and classification formed over last thousands of years. The favourite exercises in China are the Tai Ji Boxing, Long Boxing, Eight Diagrams Boxing as well as some other boxing imitating animals' movements. Duration: 38 min.

The Shaolin Philosophy: A Way to Develop Dialogue between Non-Western Philosophy and Western Philosophy

ABSTRACT: Chinese Martial Art known as the "Three Great Pillars of Learning". The first great pillar is "Shaolin Zhr Swyer" (Shaolin Philosophy) Monks are taught the concepts of looking beneath the veil of life. They are expressed in the concepts of Buddhism, Taoism, Confucism, Hinduism, Hebraism, Islamism and Christianity etc. They are introduced to the working of karma and how to transform negative karma to positive karma, ultimately resulting in the cessation of karmic consequences. The tools of Shaolin customs, and rituals and practices are introduced to awaken the spirit. The eternal questions of "Who am I, where did I come from, and where am I going, "are examined and scrutinized. Ethical and spiritual considerations are studied to enhance the spiritual growth of the follower. The second great pillar is the "Shaolin Yung Fa" (Shaolin methods). This is comprised of the actual movement of the Shaolin Kung Fu. This involves training in classical forms, techniques and strategies. Here a monk learns how to harmonize with the Tao, how to flow with the force of the universe, and how to distinguish the yin from yang. Attention is given to the bodies grace, form, and harmony of motion. The goal is to become familiar with the natural forces of nature and use our bodies in harmony with these forces. It is from this that the physical power of the Shaolin comes. The third great pillar is the "Shaolin Tao" (Shaolin Way) An intensive study of the unity of all we learn and do with our lives. This is the one point or source that brings meaning and understanding to all things. This phase of training is sometimes called the "Final Learning," for after this step there is nothing else that needs to be learned, you now have to come full circle, returning to the starting point but completely transformed. A great transformation takes place that brings with it a new birth. A totally new viewpoint of the world, the universe and your specific role in it. This is the final result.

