

Buddhism/Buddhisme

"...a state that is not pleasing or delightful to me, how could I inflict that upon another?" *Samyutta Nikaya v. 353*

Hurt not others in ways that you yourself would find hurtful." *Udana-Varga 5:18*

Christianity/Kristendom:

“Love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and greatest commandment. And the second is like it: ‘Love your neighbor as yourself.’” Jesus

Matthew 22:37-39 New International Version (NIV)

Judaism/Jødedom:

"...thou shalt love thy neighbor as thyself." *Hebrew Scriptures (a.k.a. Old Testament) Leviticus 19:18*

"What is hateful to you, do not do to your fellow man. This is the law: all the rest is commentary." *Talmud, Shabbat 31a.*

"And what you hate, do not do to anyone." *Tobit 4:15 4*

Islam

“None of you has faith until he loves for his brother or his neighbor what he loves for himself.” (*Sahih Bukhari, Book 2, Hadith 12*)