

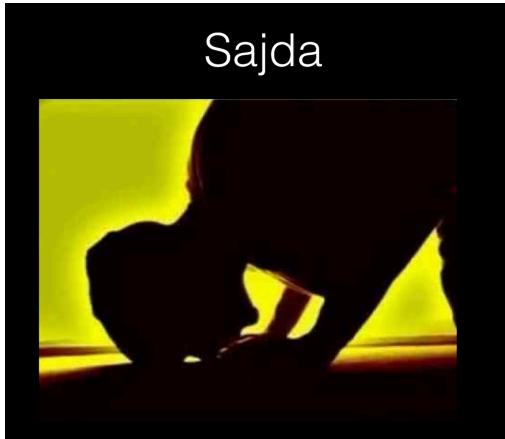
***Sajda – A Soulful, Spiritual, and Blissful Interfaith Presentation***  
***Presented By Narendra C. Bhalodkar MD FACC***

“Sajda” program will feature some of the finer nuances of Sufi Bollywood and non-Bollywood music. The event highlights the beauty of Indian music and promotes the rich Indian culture/heritage and Harmony.

**Sajda meaning:** The Urdu word Sajda or Sajdah that keeps on appearing in Hindi songs forever is an Arabic word meaning prostration to God in the direction of the Kaaba in Mecca. Sajda is usually done during the daily prayers.

In simpler terms, Sajda is a posture in prayer where one bends one's head in submission to God. Sajda is considered the utmost stage of submission, hence, when someone says s/he performed a Sajda, it means s/he devoted himself / herself completely to someone else.

During our program, we will attempt to use its meaning on a broader sense, i.e. not only prostration to God but also to the beloved, be it a Guru, Friend, Nature, lover, Spouse etc.



The program will consist of video and audio presentations of Sufi songs. Poems by Amir Khusrow, Rumi, Bulleh Shah, Kabir and others will also be presented. Dr. Bhalodkar will introduce and speak briefly about each of the musical selections. In an attempt to make the program more enjoyable, translations of difficult and somewhat unfamiliar “Urdu” words will be provided.

The program promises to be a soulful one and we hope it will transcend you to a place of Joy, Tranquility and Anand.

Don't miss this opportunity to hear multitalented artists performing through video and audio presentations on a single platform.

**On Friday, March 1<sup>st</sup> 2019 at Dr. Munir Shikari and Gulzar's residence.**

WORLD INTERFAITH HARMONY WEEK



The Official UN Observance in the 1<sup>st</sup> Week of February