

## B. Animal Behavior Activity

After assessing their similarities and building sympathy among them through Take a Stand Activity, this next session's goal is to prepare them the skill to communicate with others including how to express their opinion, receiving it and how to respond to it.

Human way to respond and receive opinion is different from one another. The committee has set four different types of animal to represent each type of character in expressing and receiving opinion. There are lion, dolphin, elephant and turtle. We ask the participant to identify themselves to which animal do their character match with in term of expressing opinion. They scattered around the room identifying themselves into which animal on the corner of the room. Many identify themselves as lion, some are others. We ask them to discuss with their peers who in the same category why do they identify themselves as those animal.



The lion group identify themselves as very out spoken and says their opinion loudly and clearly. The dolphin identify themselves as good friends and helpful. The elephant identify themselves as someone brave but not too aggressive. The turtle identify themselves as a more reserved person.

The next instruction is to identify them as which animal in term of receiving opinion. After changing position here and there they were asked once again to discuss why they choose those animals.



The lion group said that in receiving opinion they are brave enough to give feedback. The dolphin group identifies themselves as a nice person who will receive opinion with open hand. The elephant group said that they have a certain degree of resistance in receiving opinion so does the turtle group.

After identifying their characteristic in expressing and receiving opinion, they were asked to gather once again to their first animal (their characteristic in expressing opinion) and go around the room to each animal category and discuss how to talk to people with this characteristic. For example the lion group will discuss how to talk to a person with turtle characteristic, the turtle will discuss how to talk to a lion, and so on so forth.

During this time of discussion they found out that the lion may have to ease up a little bit when talk to a dolphin or to a turtle and vice versa, the turtle may have to toughen up a little bit more in order to be able to voice their opinion and

talk to a lion.

After the session we conducted a reflection to what the participant just did. Their response was that the activity really opens their mind and makes them more aware of human characteristics. Thus we shouldn't expect that every person is a lion or a turtle. We have to make changes in our communication in order to be able to convey what we mean without hurting other people and instead giving other opportunity to speak up too.



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### C. Prejudice and Stereotype Activity.

The goal of this session is to re assess the concept of prejudice and stereotype that many Indonesian still has. The activity is conducted through pictures and stories. The trainer shows a set of event on a power point slide and asks the participant to predict how this people are today. Here is an example of the stories:

- She/he was born from a poor family
- His parent got divorced when he was child
- His mother was a maid
- She was sexually abused by her relative when she was a teenager
- She had a baby by the age of 14 but he baby died because he was born premature

The question that the participant must answer was “What kind of life does she have now?” Many of the answer of the participants were that that person must be living a hard life now, some say that she must be a strong women and successful because of all the hardship that she has been through in her childhood.

When we reveal the answer they found out that even with all the hardship that she has been through she can be one of the most influential person on the planet and one of the richest in the world. She is Oprah Winfrey,



The last picture that we show to the participant was a picture of a girl who has down syndrome. We simply asked them what do you or other people usually think when they see someone like her. The answer varies from one participant to another. Some said that she is disabled person who usually can't be successful, who become burden to their parents etc.



We can see very clearly how the jaw of some of the participant were dropped when they see the picture of that girl holding the London Olympic torch, and she has won gold medal in swimming on the special Olympic in Greece.



There are many other pictures and stories like above that we tried to expose to break the boundaries of prejudice and stereotype in the community as you can see on the curriculum. On this particular session, the participant said how they felt like they have been enlightened by these set of pictures and stories that they would never expect before. It open their eyes that no matter what your religion, race, economical condition, or physical condition is, everybody can be successful and good person which is another reason why we should be friends with them too.



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